



Omnipod® 5 Automated Insulin Delivery System

# User Guide

## INDICATIONS FOR USE

The Omnipod 5 Automated Insulin Delivery System is a single hormone insulin delivery system intended to deliver U-100 insulin subcutaneously for the management of type 1 diabetes in persons aged 2 and older requiring insulin.

The Omnipod 5 System is intended to operate as an Automated Insulin Delivery System when used with compatible Continuous Glucose Monitors (CGM).

When in Automated Mode, the Omnipod 5 System is designed to assist people with type 1 diabetes in achieving glycaemic targets set by their healthcare providers. It is intended to modulate (increase, decrease or suspend) insulin delivery to operate within predefined threshold values using current and predicted sensor glucose values to maintain blood glucose at variable Target Glucose levels, thereby reducing glucose variability. This reduction in variability is intended to lead to a reduction in the frequency, severity and duration of both hyperglycaemia and hypoglycaemia.

The Omnipod 5 System can also operate in a Manual Mode that delivers insulin at set or manually adjusted rates.

The Omnipod 5 System is intended for single-patient use. The Omnipod 5 System is indicated for use with NovoLog®/NovoRapid®, Humalog®/Liprolog®, Admelog®/Insulin lispro Sanofi®, Trurapi®/Insulin aspart Sanofi® and Kirsty® U-100 insulin.

#### **COMPATIBLE INSULINS**

The Omnipod 5 Automated Insulin Delivery System is compatible with the following U-100 insulins: NovoLog®/NovoRapid®, Humalog®/Liprolog®, Admelog®/Insulin lispro Sanofi®, Trurapi®/Insulin aspart Sanofi® and Kirsty®.

#### **CONTRAINDICATIONS**

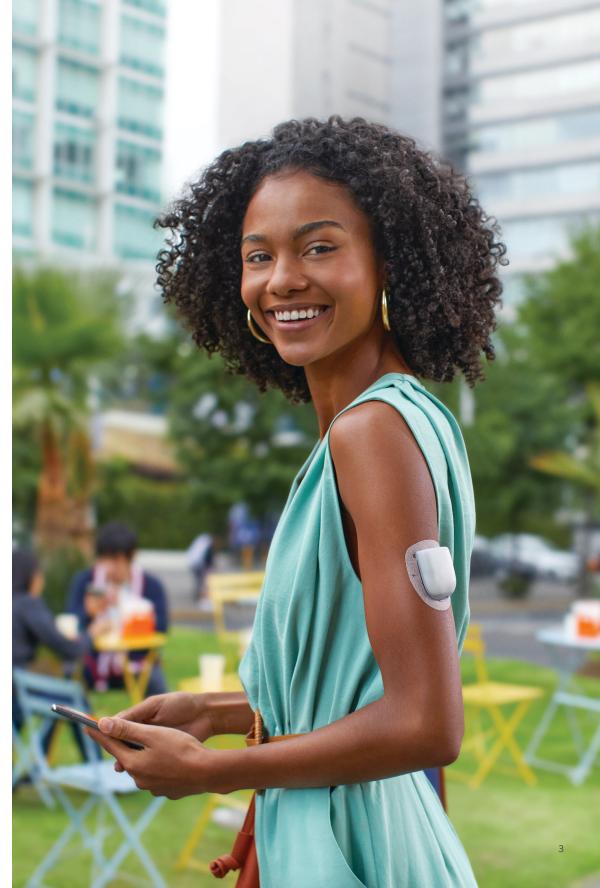
The Omnipod 5 System is NOT recommended for people who:

- Are unable to monitor glucose as recommended by their healthcare provider.
- Are unable to maintain contact with their healthcare provider.
- Are unable to use the Omnipod 5 System according to instructions.
- Are taking hydroxyurea and using a Dexcom Sensor as it could lead to falsely elevated sensor glucose values and result in the overdelivery of insulin that can lead to severe hypoglycaemia.
- Do NOT have adequate hearing and/or vision to allow recognition of all functions of the Omnipod 5 System, including alerts, alarms and Reminders.

Device components including the Pod, Sensor and Transmitter must be removed before Magnetic Resonance Imaging (MRI), a Computed Tomography (CT) scan or diathermy treatment. In addition, the Controller should be placed outside of the procedure room. Exposure to MRI, CT or diathermy treatment can damage the components.

# **DEVICE IDENTIFIER**

Reference Number: PDM-M001-G-MM





# WELCOME TO OMNIPOD® 5

# **New Omnipod 5 User**

Receiving training and understanding the Instructions for Use are needed BEFORE using your new Omnipod 5 System. Follow these steps to get started:

# 1. Complete Onboarding

Before using your Omnipod 5 System, you must complete Omnipod 5 onboarding by visiting omnipod.com/setup. You will be prompted to sign in with an Omnipod ID or be directed to create a new one.

**Note:** If you are a legal guardian setting up for your dependant, create the Omnipod ID for your dependant.

# 2. Receive Training

Learning how to use your Omnipod 5 System the correct way is important for safe and effective use. Different training methods to learn how to use your system are available based on your and your healthcare provider's preferences. Your healthcare provider can help you coordinate and set up appropriate training.

## 3. Freedom Is Yours!

You'll then be ready to enjoy the benefits and flexibility of your new Omnipod 5 System.

If you have questions, please contact Customer Care.

# **Omnipod 5 Intro Kit Contents**

Your initial shipment contains the items you need to begin using the Omnipod 5 System:

- Omnipod 5 Controller
- Charging cable and adapter
- User Guide
- Gel skin
- 10 Pods (provided separately)

The compatible Sensor must be obtained from the Sensor manufacturer or an authorised distributor. Refer to the instructions for use for your compatible Sensor.

# To access the complete Omnipod 5 System Technical User Guide

At any time while using Omnipod 5, you can access or request the *Omnipod 5 Technical User Guide*.

- 1. Download or print a digital copy:
  - Visit omnipod.com/guides.
  - Scan this QR code with your smartphone.



- 2. Request to receive a free printed copy:
  - Online request form at omnipod.com/guides.





# **Contents** Section 2: Set Up Your Omnipod 5 App ......9 Section 3: Connect the Sensor......12 Apply the Pod ......19 How to Change the Pod......20 Switch to Automated Mode......24

Section 6: Get to Know the App......27 Omnipod 5 App Home Screen ......27 Deliver a Bolus......31 Cancel the Activity Feature ......35 Editing a Basal Programme......37 Additional Basal Programmes......38 Set a Temporary Basal Rate......39 Section 8: Clinical Evidence for Omnipod 5......41 Section 9: Settings and Technical Specifications ......51 Section 10: Staying Safe while Using the Omnipod 5 System ....66 Troubleshooting Hypoglycaemia (Low Glucose) .................81 

# 1

# **Omnipod 5 System Overview**

# The Omnipod 5 App

- On provided Controller.
- Sends commands to the Pod.
- Displays glucose and insulin information from the Pod.
- Used to issue meal and correction boluses.

## The Pod

- Delivers insulin to your body.
- Receives commands from the Omnipod 5 App.
- Receives sensor glucose values from the Sensor.
- Sends sensor glucose values to the Omnipod 5 App.
- Automatically adjusts insulin delivery in Automated Mode.

## The Dexcom G6 or Dexcom G7 Sensor

- Sends sensor glucose values to the Pod and to the Dexcom G6 or Dexcom G7 App.
- Does not communicate directly with the Omnipod 5 App.
- Cannot communicate with a Dexcom receiver while paired with a Pod.

You can set up & start your Dexcom Sensor before or after setting up your Omnipod 5 App. Please consult the Dexcom Instructions for Use for more information.

## Sensor not included

Sensor not included. For Sensor-specific information, refer to the Instructions for Use for your compatible Sensor.

# **Set Up Your Omnipod 5 App**

# **Omnipod 5 App Set-up**

The Omnipod 5 App comes installed on the Controller provided. Connectivity to mobile data or Wi-Fi is important when using the Omnipod 5 System. Make sure to connect to your home or work Wi-Fi network

Initial pump therapy settings, provided by your healthcare provider, are needed to set up your Omnipod 5 App.



 Hold down the Power button to turn it on.



The Omnipod 5 App will guide you through set-up. Make sure to read each screen and carefully enter information.

An Omnipod ID is needed at this stage. This is the same Omnipod ID and password you used to complete the Omnipod 5 onboarding.

Set-up is complete after entering your personalised initial pump therapy settings (provided by your healthcare provider).

# **Omnipod 5 App Security on Your Controller**

After you set up your provided Controller, the Lock and PIN screens appear whenever you wake up your Controller.

The Lock screen displays:

- · Your selected background image.
- Today's date and time.
- Your customised message.
- The current system mode.
- The amount of Insulin on Board.
- Any alarm or notification messages.

# **Unlock your Controller**

Instructions to "wake up" or "unlock" the Controller mean doing the following:

- 1. Press and release the Power button.
- 2. Unlock the Lock screen by either swiping left to right or by swiping up from the bottom. The PIN screen appears.
- 3. Enter your 4-digit PIN.
- 4. Tap OK. The Home screen or your most recent screen appears.

# **Lock your Controller**

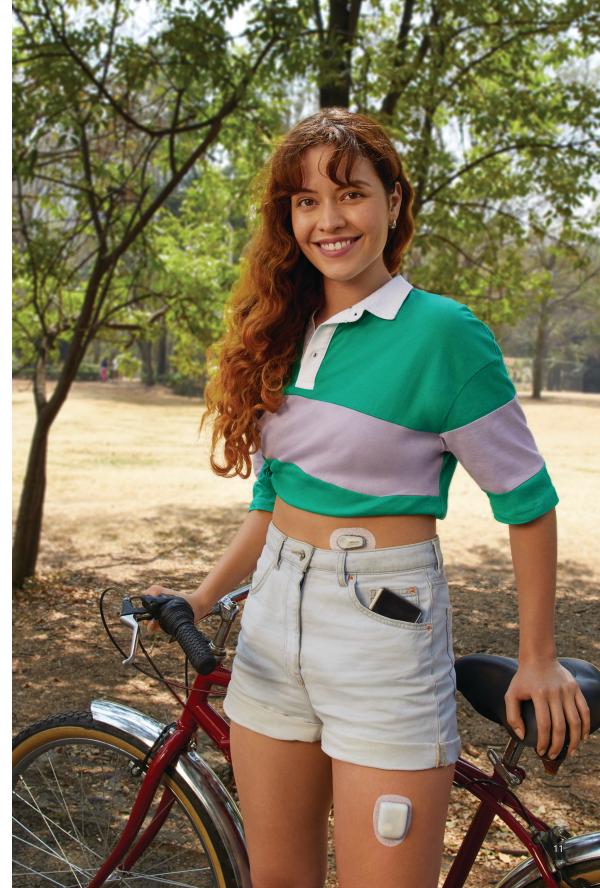
To lock your Controller when you are finished using it:

 Press the Power button briefly. This locks the Controller by putting it to sleep.

**Note:** Keep your Controller in a safe, accessible location.

# Forgotten your PIN?

If you have problems with your PIN, contact Customer Care. For contact information, see your Contact Card.



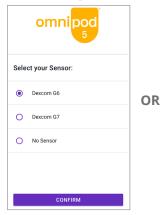
# **Connect the Sensor**

# **Dexcom G6**

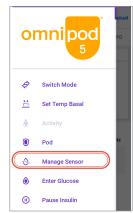
All Dexcom G6 Sensor maintenance is performed in the Dexcom G6 mobile app on a smartphone, including starting and stopping a Sensor or Transmitter and configuring and responding to alarms. You cannot use a Dexcom G6 receiver with Omnipod 5. The Transmitter serial number (SN) must also be entered in the Omnipod 5 App to pair the Sensor with your Pod. Locate your Dexcom G6 Transmitter serial number (SN). This can be found in your Dexcom G6 mobile App Settings, on the back of the Transmitter and on the Transmitter box.

**Note:** Your Pod uses the SN to connect to the correct Transmitter. You will need to enter a new SN any time you replace your Transmitter.

Step 1: Locate Manage Sensor Screen



From First Time Setup, select your Sensor.



From the Home screen

- Tap the Menu button.
- Tap Manage Sensor.
- Select your Sensor.

Step 2: Enter & Save New Transmitter serial number (SN)



Tap ENTER NEW.



 Tap the first box to enter the Transmitter serial number (SN).



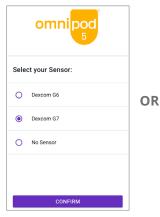
 Tap DONE and SAVE.

# Dexcom G7

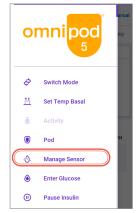
You must use the Dexcom G7 App on your smartphone to start and stop your Sensor. If you have been using the Dexcom G7 receiver, turn it off. Your Sensor will not pair with your Pod if it is still connected to the receiver.

**Note:** You will need to connect each new Dexcom G7 Sensor to both the Omnipod 5 App and Dexcom G7 App for your Pod and Sensor to stay connected.

**Step 1:** Locate Manage Sensor Screen



From First Time Setup, select your Sensor.



From the Home screen

- Tap the Menu button.
- Tap Manage Sensor.
- Select your Sensor.

Step 2: Enter your Sensor pairing code and serial number



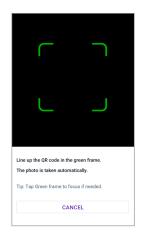
Tap **ADD NEW**.



- To use the Take Photo option to connect, tap TAKE PHOTO.
- To enter the numbers, tap ENTER CODE MANUALLY.

# Note: Check that the camera lens is not blocked by your Controller gel skin. You will also need to have camera permission enabled.

Line up the QR code in the green frame, holding both the Controller and applicator steady for several seconds. The photo is taken automatically. It will not be stored.





- Enter the 4-digit pairing code on your applicator.
- Tap **SAVE**.



- Enter the 12-digit serial number printed on your applicator.
- Tap **SAVE**.



# **Switching Between Sensor Types**

The Omnipod 5 System is compatible with more than one model of Sensor. If you start the System on one type of Sensor and move to a different Sensor in the future, you can switch your Sensor type from the Manage Sensor screen.

**Note:** Regular Sensor changes do not require a Pod change, but if you are switching from one model of Sensor to another, you must make this switch between Pod changes. Each Pod can connect to only one type of Sensor.

**Step 1:** Without an active Pod, tap Switch > from the Manage Sensor screen.



**Step 2:** Select your new Sensor model, confirm your new selection and follow the instructions on the previous pages for first time setup of a Sensor. Check the Pod tray lid for Pod and Sensor compatibility.



# Set Up a New Pod

# **Prepare**

# Gather the following supplies:

- Omnipod 5 Controller.
- Unopened Omnipod 5 Pod.
- · Alcohol prep swabs.
- A vial of room-temperature rapid-acting U-100 insulin approved for use with Omnipod 5.

OR

Wash your hands with soap and water.

Clean the top of the insulin vial with an alcohol prep swab.

On the Omnipod 5 App, locate the Pod activation screen.



 After first time setup, tap SET UP NEW POD.



 From the POD INFO tab on the Home screen, tap SET UP NEW POD.

# **SET UP A NEW POD** (continued)

# Fill the Pod

# Prepare the fill syringe

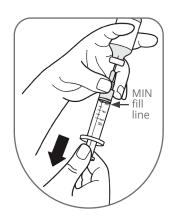
- Remove the fill needle and syringe from the Pod's tray. Keep the Pod
  in its tray during set-up. Twist the needle clockwise onto the top of the
  syringe for a secure fit. Do not use any other type of needle or filling
  device besides the syringe provided with each Pod.
- Remove the protective needle cap by carefully pulling it straight off the needle.

# Fill the syringe

- Gently pull back on the plunger to draw air into the syringe equal to the amount of insulin you will use. You must fill the syringe with at least 85 units of insulin (MIN fill line). Insert the needle into the vial and push the plunger in to inject the air.
- With the syringe still in the vial, turn the vial and syringe upside down. Slowly pull the plunger to withdraw the insulin. Tap or flick the filled syringe to remove any bubbles.

### Fill the Pod

- Remove the needle from the vial and insert it straight down into the fill port. An arrow on the white paper backing points to the fill port. Slowly push the plunger down to completely fill the Pod.
- The Pod will beep twice to indicate that the Omnipod 5 Pod is ready to proceed.





# **SET UP A NEW POD** (continued)

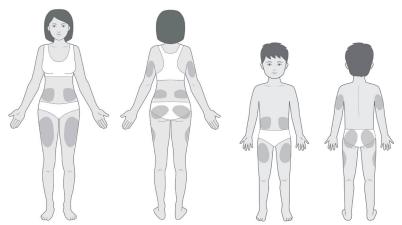
# **Activate the Omnipod 5 Pod**

 With the Pod still in its tray, place it next to and touching the Controller to ensure proper communication. Tap **NEXT** on the Controller. The system will perform a series of safety checks and automatically primes the Pod.



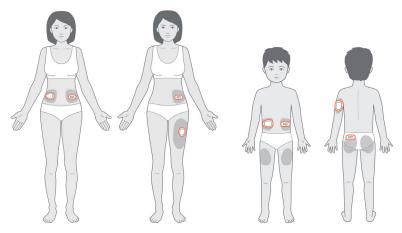
# **Pod Placement**

Adults and Children



# Sensor Placement

The Pod and Sensor should be worn in line of sight, which means worn on the same side of the body in such a way that the two devices can "see" one another without your body blocking their communication. Consult the Dexcom CGM System Instructions for Use for more information on approved Sensor placement locations. Images show Dexcom G6 examples only.



# **SET UP A NEW POD (continued)**

# **Guidelines for Pod Site Selection**

- Place your Pod and Sensor as indicated in the Instructions for Use for your compatible Sensor:
  - at least 8 cm (3 inches) apart for your Dexcom Sensor.
- Place within line of sight of the Sensor for the best connectivity.

**Note:** Line of sight means that the Pod and Sensor are worn on the same side of the body in such a way that the two devices can "see" one another without your body blocking their communication.

- Ideal sites have a layer of fatty tissue.
- · Ideal sites offer easy access and viewing.
- The site should be at least 2.5 cm (1 inch) away from the previous site to avoid skin irritation.
- The site should be at least 5 cm (2 inches) away from your navel.
- Avoid sites where belts, waistbands or tight clothing may rub against or dislodge the Pod.
- Avoid sites where the Pod will be affected by folds of skin.
- Avoid placing the Pod over a mole, tattoo or scar, where insulin absorption may be reduced.
- Avoid areas of the skin with an active infection.

# **Apply the Pod**

Your Pod is now ready for application and insertion.

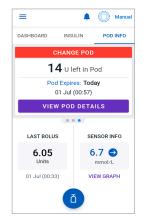
- Carefully follow the on-screen instructions.
- Check the infusion site after insertion to ensure that the cannula was properly inserted.



# How to Change the Pod







- Tap VIEWPOD DETAILS.
- FPOD

  INSULIN LEFT IN POD

  50+ Units
  (updated Today, 00:54)

  POD STATUS

  Ends In: Today
  1 Jul (01:09)

  Reminders
  POD Expiration: ALWAYS ON
  Remind 4 hours before
  Low Pod Insulin ALWAYS ON
  Remind when 10 units remain

  CHANGE POD

  CLOSE
- Tap CHANGE POD.
- Tap DEACTIVATE POD.

After the Pod is deactivated, gently lift the edges of the adhesive tab from the skin and remove the entire Pod.

**Tip:** Remove Pod slowly to help avoid possible skin irritation.

After you have deactivated and removed the old Pod, follow the instructions on how to Activate a Pod in this guide. DO NOT apply a new Pod until you have deactivated and removed the old Pod.

# You may need to change the Pod:

- When the Pod is low on insulin or empty or the Pod is nearing expiry or expired.
- In response to an alarm.
- If the Pod/cannula has become dislodged.
- If you have glucose of 13.9 mmol/L (250 mg/dL) or more and ketones are present.
- If you experience elevated glucose.
- As directed by your healthcare provider.
- If, during activation, the Pod fails to beep.

# **Omnipod 5 System Modes**

# **System Modes**

The Omnipod 5 System has two operating modes: Automated Mode and Manual Mode



# **Automated Mode**

- · Adjusts every 5 minutes.
- Adapts by updating your Total Daily Insulin with every Pod change.



# Manual Mode

 Uses your Basal Programme.

# **System States**



## Automated Mode: Limited

- Pod is not receiving sensor glucose values.
- System constantly compares
   Automated Adaptive Basal Rate
   and Manual Basal Programme
   and uses whichever is lower.



## No Pod Communication

- Pod status is unknown.
- Bring Controller closer to Pod.

	Manual Mode	Automated Mode
How it works		
Basal Insulin Delivery	Insulin is delivered according to the active Basal Programme.	Insulin is delivered and adjusted automatically based on sensor glucose values and 60-minute prediction. When sensor glucose values are not available for adjustments, in Automated: Limited, the System constantly compares Automated Adaptive Basal Rate and Manual Basal Programme and uses whichever is lower.
Bolus Insulin Delivery	Insulin is delivered using the SmartBolus Calculator or entered manually.	Insulin is delivered using the SmartBolus Calculator or entered manually.
Connected Sensor	Not required. If connected, sensor glucose values are displayed, stored in history and available for use in the SmartBolus Calculator.	Required. Sensor glucose values used for automated insulin delivery are displayed, stored in history and available for use in the SmartBolus Calculator.
Basal Programmes	Edit, create new, activate Basal Programmes. Does not impact Automated Mode.	Edit Target Glucose to impact automated insulin delivery. Cannot modify Basal Programmes in Automated Mode.
Basal Insulin Delivery	Start and cancel Temp Basal rate.	Start and cancel the Activity feature.
Bolus Calculator Settings	Edit Bolus Settings.	Edit Bolus Settings.
Bolus Insulin Delivery	Deliver and cancel Immediate and Extended Boluses.	Deliver and cancel Immediate Boluses.

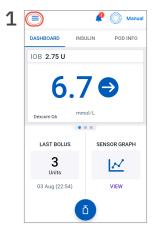
	Manual Mode	Automated Mode
What you can do	What you can do	
Pod Changes	Activate and Deactivate Pods.	Deactivate Pods When a Pod is deactivated, the System switches to Manual Mode. After you activate a new Pod, you'll be prompted to switch to Automated Mode.
Manage Sensor	View and modify Dexcom G6 Transmitter serial number (SN) or Dexcom G7 pairing code and serial number.  Switch between Sensor models (between Pod changes).	View Dexcom G6 Transmitter serial number (SN) or Dexcom G7 pairing code and serial number.
Pause and Start Insulin	Manually pause insulin for a specified duration of up to 2 hours. Manually Start insulin.	System automatically pauses Automated insulin delivery based on sensor glucose value/prediction. Switch to Manual Mode to manually pause insulin delivery.
History Details	Review History Details.	Review History Details. Auto Events tab shows microbolus deliveries from Automated Mode.
BG Entry	Enter blood glucose readings to save in History Details.	Enter blood glucose readings to save in History Details.

**Note:** In Automated Mode, your Adaptive Basal Rate will be updated with every Pod change. Adaptive Basal Rate is a continuous baseline that the System can adjust up or down every 5 minutes in response to your sensor glucose values.

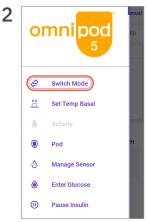
For your first Pod, since the System doesn't have any history yet, your Total Daily Insulin and initial Adaptive Basal Rate are estimated from the Basal Programme you entered during set-up.

# **Switch to Automated Mode**

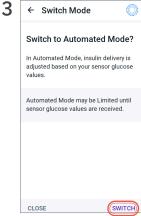
In Automated Mode, insulin delivery is adjusted based on your sensor glucose values.



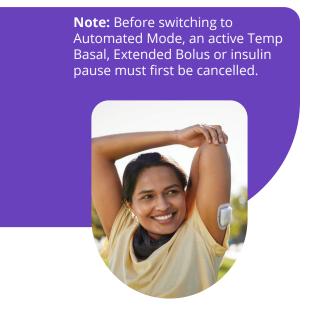
• Tap the Menu button on the Home screen.



Tap Switch Mode.



- · Tap SWITCH.
- An active Pod and saved Sensor information within the Omnipod 5 App are required.





 Confirm that the mode switched.
 Automated should be indicated at the top right of the screen.

# **Tips for Success**

# **Great things take time**

- You can begin using Automated Mode with your first Pod.
- Over time, with every Pod change, Omnipod 5 will adapt to better match your insulin needs.
- Optimising your insulin delivery could take from a few days to a few weeks, depending on your previous therapy, starting settings and Total Daily Insulin delivered.

# **Automated Mode, explained**

SmartAdjust™ technology predicts where your glucose will be 60 minutes into the future. You may see the System pause or increase insulin when you are not expecting it if your glucose is predicted to be below or above your Target Glucose setting in the next 60 minutes. To see what the System is doing:

- Check the Sensor Graph: A red bar shows when insulin has been fully paused. An orange bar shows when the System has reached its maximum insulin delivery.
- Check the Auto Events tab in History Detail: This tab shows all automated insulin, both your baseline Adaptive Basal Rate and any adjustment up or down due to your sensor value and trend and/or the 60-minute prediction.

# Help your Pod and Sensor stay connected

- If your Pod and Dexcom Sensor lose connection, check your Dexcom App to see if sensor glucose values are available. Confirm the Dexcom G6 Transmitter SN or Dexcom G7 pairing code and serial number match the information in your Omnipod 5 App.
- If you find your System in Automated: Limited often, wear your Pod and Sensor on the same side of the body in a way that the two devices can "see" one another (line of sight) without your body blocking their communication.

# Handling highs and lows

There may still be times when you have high or low glucose.

- Give correction boluses to bring down high glucose. This will help the System understand your Total Daily Insulin needs. Try not to override the System's suggestions.
- Use the SmartBolus Calculator whenever you eat. Enter grams of carbs and tap **USE SENSOR** to calculate a dose based on current sensor value, trend and Insulin on Board.

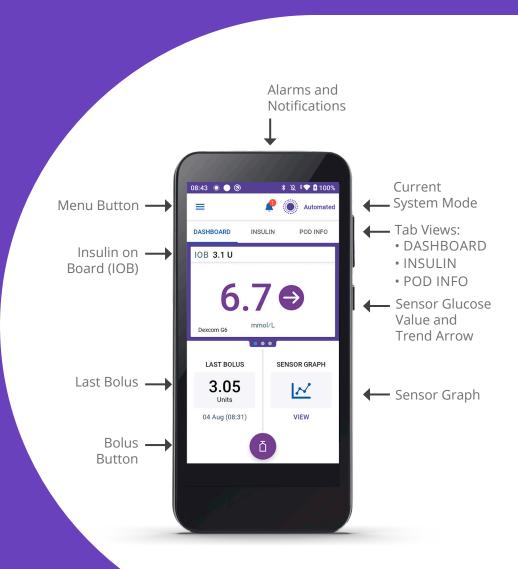
Talk to your healthcare provider about:

Treating Lows	Some people find they need to use fewer carbs to treat lows because the System has been decreasing insulin as their glucose drops.
Timing Meal Boluses	Delivering insulin 15–20 minutes before eating could help if you see high glucose after eating.
Adjusting Target Glucose	Decreasing Target Glucose can help the System deliver more automated insulin. Target Glucose is the only setting that you can change to impact automated insulin delivery. Making changes to your basal settings (like your Basal Programme or Max Basal) will impact basal insulin delivery only in Manual Mode.
Adjusting Bolus Settings	If you see high glucose after eating, you may need to strengthen your Insulin to Carb Ratio to give more insulin for the food you eat. Other bolus settings include Target Glucose, Correction Factor, Duration of Insulin Action and Reverse Correction. Boluses impact your Total Daily Insulin. Bolusing for meals and to bring down high glucose will help your System learn your insulin needs as it adapts over time.

For more information about treating high and low glucose and handling sick days, see Section 10: Staying Safe with Omnipod 5.

# Get to Know the App

# **Omnipod 5 App Home Screen**



# **Glucose Trends and Indicators**





## SENSOR GLUCOSE VALUE COLOUR KEY:

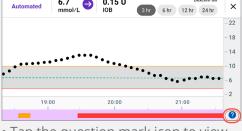
The sensor glucose value and trend arrow will change colour depending on your Glucose Goal Range.

- 6.7 Trending steady
- Sensor glucose value within Glucose Goal Range (Manual Mode).
- 6.7 Parending steady
- Sensor glucose value within Glucose Goal Range (Automated Mode).
- 3.8 Q
- Sensor glucose value below Glucose Goal Range (Automated & Manual Modes).
- 14.3©
  Slowly rising
- Sensor glucose value above Glucose Goal Range (Automated & Manual Modes).

**Note:** A sensor glucose value will not be displayed if in Limited or No Pod Communication states.

# **View Sensor Graph**





• Tap the question mark icon to view the Graph Legend.

• Tap **VIEW** on the Sensor Graph.



• Sensor Graph Legend.

**Note:** Sensor Graph differs slightly in appearance depending on Mode.

# **Alarms and Notifications**

The Omnipod 5 System generates different types of alarms and notifications. Alarms repeat every 15 minutes until acknowledged. Alarms that sound on the Pod must be acknowledged in the Omnipod 5 App.



# A Hazard Alarms

Hazard Alarms are high-priority alarms that indicate a serious problem has occurred and you may need to remove your Pod.

# Hazard Alarms related to the App

Omnipod 5 App Error	The System detected an error with the App. The Controller may restart.
Omnipod 5 Memory Corruption	The System detected an error with the App. The Controller will be reset. All settings will be deleted. Remove your Pod.
System Error	The System detected an error with the App. Remove your Pod.

# Hazard Alarms related to the Pod

Blockage Detected	The System detected a blockage (occlusion) in the Pod's cannula. Insulin delivery has stopped. Remove your Pod.
Pod Error	The System detected an error with the Pod. Insulin delivery has stopped. Remove your Pod.
Pod Expired	The Pod has reached the end of its operating life. Insulin delivery has stopped. Remove your Pod.
Pod Out of Insulin	The Pod is empty. Insulin delivery has stopped. Remove your Pod.
Pod Shut-Off	The Pod has stopped delivering insulin because you have set a Pod Shut-Off time and did not respond to the Pod Shut-Off Advisory Alarm. Insulin delivery has stopped. Remove your Pod.

# Advisory Alarms

Advisory Alarms are lower-priority alarms that indicate that a situation exists that needs your attention. Advisory Alarms may escalate to a Hazard Alarm.

# **Advisory Alarms related to the Pod**

Low Pod Insulin	The amount of insulin in your Pod is below the value you specified in Settings. Escalates to Pod Out of Insulin Hazard Alarm if ignored. Change your Pod soon.
Pod Expired	The Pod has expired and will stop delivering insulin soon. Will sound once per hour until it escalates to Pod Expired Hazard Alarm. Change your Pod soon.
Pod Shut-Off	The Pod will stop delivering insulin soon because of the Pod Shut-off time you specified in Settings. Tap <b>OK</b> to acknowledge and avoid escalating to Pod Shut-Off Hazard Alarm.
Start Insulin	The time period you specified to pause insulin has ended. Tap <b>START INSULIN</b> to restart insulin and avoid hyperglycaemia.

# **Advisory Alarm related to Glucose**

	Your sensor glucose value is 3.1 mmol/L (55 mg/dL) or below. Consider eating fast-acting carbs to treat
	hypoglycaemia.

# **Advisory Alarms related to Automated Mode**

Missing Sensor Values	In Automated Mode, the Pod has not received sensor glucose values for an hour. The System will operate in Automated: Limited until new values are received.
Automated Delivery Restriction	In Automated Mode, the System has been working to bring your glucose into range but has not seen your glucose change the way it expected. This alarm can let you know to step in and check your Sensor, your Pod and your glucose. Switch to Manual Mode for 5 minutes or longer to acknowledge this alarm.

# **Notifications**

Action Item notifications are for technical System tasks that need your attention, such as App settings or updates. Reminder notifications are related to diabetes management actions you may want to perform.

# **Key Insulin Delivery Actions**

# **Deliver a Bolus**





**Note:** USE SENSOR button is active only when Omnipod 5 is receiving sensor glucose values.

Note: Extended Bolus is available only in Manual Mode.



 Tap the Bolus button on the Home screen.



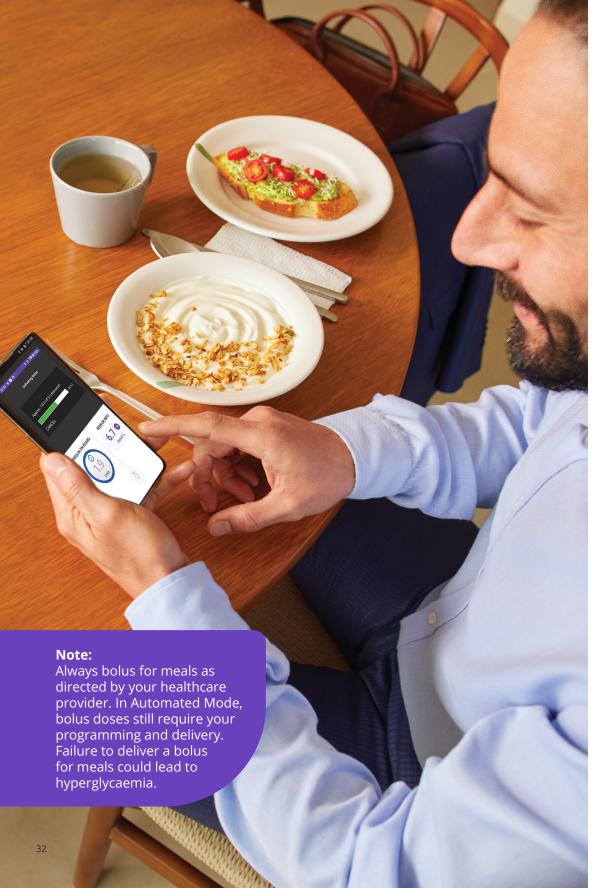
- Review entries are correct.
- Tap START to begin bolus insulin delivery.



- Tap on the Carbs field to manually enter carbs.
- Tap **USE SENSOR** to use sensor glucose value and trend or add blood glucose reading by tapping the Glucose field.
- Tap CONFIRM.



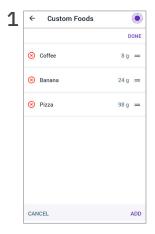
- Home screen will display progress of bolus delivery.
- To cancel a bolus in progress, tap CANCEL.



# **Custom Foods**

Omnipod 5 allows you to save carb information for certain favourite foods, snacks or meals (Custom Foods) that you might eat frequently.

To create or edit a Custom Food, tap Custom Foods from the Menu.



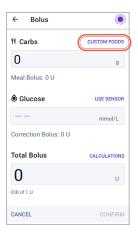
- Tap ADD.
- Enter a name and tap **Done**.
- Enter a carb count and tap Done.
- Tap SAVE.

To use Custom
Foods for a bolus,
tap Custom Foods
on the SmartBolus
Calculator screen.

During a bolus, you can sort foods using the up-down arrow button and add them to your bolus.

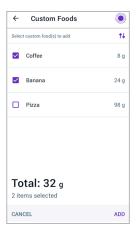


 You will see a green badge that reads NEW next to your new entry.





 Tap EDIT to edit your list. You can drag to reorder items, delete items or tap them to edit.



 You can choose which foods to add to your calculation. Tap ADD.

# **Start the Activity Feature**

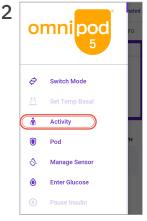


Note: The Activity feature is available only in Automated Mode

The Activity feature of the Omnipod 5 System can be enabled for times when there may be a decrease in insulin needs, like exercise. It will set the Automated Mode Target Glucose to 8.3 mmol/L (150 mg/dL) and reduce insulin delivery.

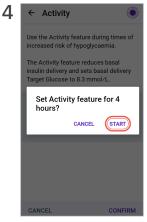
**Note**: The Activity feature does not change the Target Glucose used in bolus calculations.



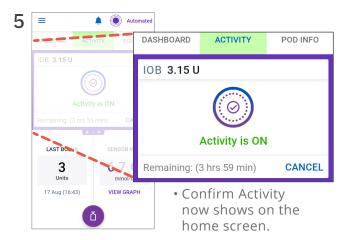




- Tap the Menu button on the Home screen.
- Tap Activity.
- Set Duration (1–24 hrs).
- Tap CONFIRM.







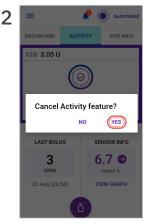
# **Cancel the Activity Feature**



You can cancel the Activity feature at any time. Upon cancellation or expiry of the defined time period, full automated basal delivery starts on its own and the Omnipod 5 System returns to using the user-defined Target Glucose.



• Tap **CANCEL** on the ACTIVITY Tab.



• Tap YES.



# Pause Insulin Delivery



DASHBOARD INSULIN POD INFO

IOB 2.75 U

6.7 

Dexcom G6

Manual

POD INFO

IOB 2.75 U

LAST BOLUS

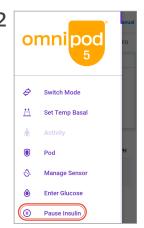
SENSOR GRAPH

3
Units

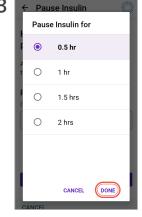
03 Aug (22.54)

VIEW

• Tap the Menu button on the Home screen.



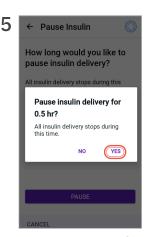
• Tap Pause Insulin.



 Use the scroll wheel to tell the System how long you'd like to pause insulin for.

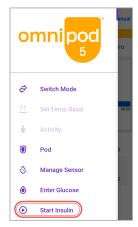
# How long would you like to pause insulin delivery? All insulin delivery stops during this time. Pause Insulin (0.5 hr to 2 hrs) 0.5 hr

Tap Pause.



 Tap YES to confirm insulin pause.

# Start Insulin Delivery



- Tap Start Insulin.
- Follow the Menu instructions to start insulin.

Insulin delivery does not automatically start at the end of the paused period. You must tap **START INSULIN** to start insulin delivery.

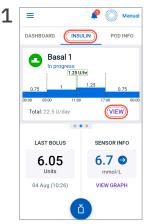
#### **KEY INSULIN DELIVERY ACTIONS (continued)**



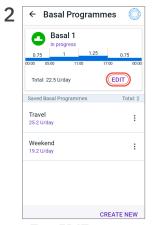
#### **Editing a Basal Programme**

On occasion, you and your healthcare provider might want to update your Basal Programme to better reflect your current insulin needs.

**Note**: Editing a Basal Programme will NOT affect Automated Mode insulin delivery. To edit a Basal Programme, you must be in Manual Mode and the changes will impact only Manual Mode.



- Tap the INSULIN tab on the Home screen.
- Tap VIEW.



• Tap EDIT.



Tap YES.



 Tap to edit programme or tap **NEXT** to edit basal time segments and rates.

#### **KEY INSULIN DELIVERY ACTIONS (continued)**

- Tap the time segment to edit.
- Tap SAVE after confirming edits in the Basal Programme.



 To start the Basal Programme now, tap START. Otherwise, tap NOT NOW to save for use at a later time.



#### **Additional Basal Programmes**

Some people have additional Basal Programmes to help with varying routines, like weekends or work days. These can be used only in Manual Mode.

- Additional Basal Programmes can be created by navigating to the Menu button>Basal Programmes and tapping CREATE NEW.
- Tap the Programme Name field to enter a descriptive name for the new Basal Programme.
- Tap **NEXT** and define the basal segments one at a time.

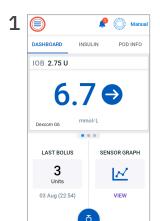
#### **KEY INSULIN DELIVERY ACTIONS (continued)**



#### Set a Temporary Basal Rate

On occasion, you might want to temporarily change your basal rate for illness or activity.

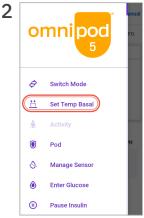
**Note:** Temp Basal is available only in Manual Mode.



• Tap the Menu button on the Home screen.



 Review selections are correct and tap START.



Tap SetTemp Basal.



• Tap **START.** 



- Tap Basal Rate entry box and select % change.
   Note: The up arrow indicates an increase. The down arrow indicates a decrease.
- Tap Duration entry box and select time duration.
- Tap CONFIRM.



## **Clinical Evidence for Omnipod 5**

# Omnipod 5 Pivotal Study in Children, Adolescents and Adults (6–70 years)

The goal of the pivotal study of the Omnipod 5 System was to assess the safety and efficacy of the system. This single-arm, multicentre, prospective study enrolled 112 children (6 to 13.9 years) and 128 adolescents and adults (14 to 70 years).

A 2-week standard therapy phase (usual insulin regimen) was followed by 3 months of the Omnipod 5 System used in Automated Mode with a Dexcom G6 Sensor. The primary analysis consisted of A1C and sensor glucose time in range (3.9–10 mmol/L, 70–180 mg/dL) results.

The primary safety endpoints included an assessment of severe hypoglycaemia and diabetic ketoacidosis (DKA) events. An analysis of the secondary endpoints and additional metrics was also performed. An analysis of the primary and safety results are presented in the following tables.

Of the 240 subjects enrolled, 98% completed the trial (111 children and 124 adolescents and adults). The study population consisted of people with type 1 diabetes for at least 6 months. All subjects were required to have an A1C < 10.0% at screening. Subjects < 18 years had to be living with a parent or legal guardian.

#### **Glycaemic Results**

The tables on the following pages include information on the primary glycaemic results from the standard therapy phase compared to the 3-month Omnipod 5 System treatment phase.

Adolescents, adults and children experienced improvements in overall A1C and time in range after 3 months of Omnipod 5 System use. This was achieved with a reduction of time > 10 mmol/L (> 180 mg/dL) in adolescents, adults and children as well as a reduction in median time < 3.9 mmol/L (< 70 mg/dL) in adolescents and adults.

Some limitations to the study include: 1) single-arm design with no control group, which could lead to an over-estimate of glycaemic improvement; 2) standard therapy phase was shorter than the Omnipod 5 System phase; 3) minimal use of the 7.8 and 8.3 mmol/L (140 and 150 mg/dL) Target Glucose settings in adults and adolescents limited the assessment of glycaemic results at those settings and, for that reason, results at these Target settings were not included in these results.

Glycaemic Results Overall (24 hours)							
Characteristic		Children (6 to 13.9 years) (n = 112)			Adolescents & Adults (14 to 70 years) (n = 128)		
Characteristic	Standard Therapy	Omnipod 5	Change	Standard Therapy	Omnipod 5	Change	
Avg A1C% (std dev)	7.67% (0.95%)	6.99% (0.63%)	-0.71%*	7.16% (0.86%)	6.78% (0.68%)	-0.38%*	
Avg % time 3.9–10 mmol/L, 70–180 mg/dL (std dev)	52.5% (15.6%)	68.0% (8.1%)	15.6%*	64.7% (16.6%)	73.9% (11.0%)	9.3%*	
Avg sensor glucose, mmol/L, mg/dL (std dev)	10.2, 183 (1.8, 32)	8.9, 160 (0.8, 15)	-1.3, -23*	8.9, 161 (1.6, 28)	8.6, 154 (0.9, 17)	-0.3, -8*	
Avg standard deviation of sensor glucose, mmol/L, mg/dL (std dev)	3.8, 68 (0.7, 13)	3.3, 60 (0.6, 10)	-0.5, -9*	3.2, 57 (0.8, 14)	2.7, 49 (0.6, 11)	-0.5, -8*	
Avg coefficient of variation of sensor glucose, % (std dev)	37.5% (5.1%)	37.0% (3.9%)	-0.4%	35.2% (5.7%)	31.7% (4.7%)	-3.5%*	
% Time in Glucose Range							
Median % < 3 mmol/L, < 54 mg/dL (Q1, Q3)	0.10% (0.00, 0.41)	0.23% (0.08, 0.42)	0.04%	0.22% (0.00, 0.77)	0.17% (0.06, 0.28)	-0.08%*	
Median % < 3.9 mmol/L, < 70 mg/dL (Q1, Q3)	1.38% (0.42, 2.67)	1.48% (0.65, 2.23)	0.06%	2.00% (0.63, 4.06)	1.09% (0.46, 1.75)	-0.89%*	
Avg % > 10 mmol/L, > 180 mg/dL (std dev)	45.3% (16.7%)	30.2% (8.7%)	-15.1%*	32.4% (17.3%)	24.7% (11.2%)	-7.7%*	
Avg % ≥ 13.9 mmol/L, ≥ 250 mg/dL (std dev)	19.1% (13.1%)	9.6% (5.4%)	-9.4%*	10.1% (10.5%)	5.8% (5.5%)	-4.3%*	
Avg % ≥ 16.7 mmol/L, ≥ 300 mg/dL (std dev)	8.5% (8.9%)	3.5% (2.9%)	-5.1%*	3.7% (5.5%)	1.7% (2.5%)	-2.0%*	

Most of the primary and secondary results are presented as averages (avg) with standard deviation (std dev) values in brackets. Time in range < 3.9 mmol/L (< 70 mg/dL) and < 3 mmol/L (< 54 mg/dL) is reported as medians with interquartile ranges in brackets (Q1, Q3). The median is the middle number in an ascending list of numbers and the interquartile range represents the middle 50% of values.

<sup>\*</sup>Change between standard therapy phase and Omnipod 5 System phase was statistically significant.

Glycaemic Results Overnight (12:00AM to 6:00AM)						
Characteristic	Children (6 to 13.9 years) (n = 112)			Adolescents & Adults (14 to 70 years) (n = 128)		
Characteristic	Standard Therapy	Omnipod 5	Change	Standard Therapy	Omnipod 5	Change
Avg % time 3.9–10 mmol/L, 70–180 mg/dL (std dev)	55.3% (19.0%)	78.1% (10.8%)	22.9%*	64.3% (19.5%)	78.1% (13.9%)	13.8%*
Avg sensor glucose, mmol/L, mg/dL (std dev)	9.8, 177 (1.9, 35)	8.3, 149 (0.9, 17)	-1.5, -29*	8.9, 160 (1.9, 34)	8.3, 149 (1.2, 21)	-0.6, -11*
Avg standard deviation of sensor glucose, mmol/L, mg/dL (std dev)	3.4, 61 (0.8, 15)	2.7, 48 (0.7, 12)	-0.7, -13*	3.1, 56 (0.9, 17)	2.4, 44 (0.7, 13)	-0.7, -12*
Avg coefficient of variation of sensor glucose, % (std dev)	34.6% (7.1%)	31.9% (5.6%)	-2.8%	35.0% (7.9%)	28.9% (5.8%)	-6.2%*
% Time in Glucose Range					1	
Median % < 3 mmol/L, < 54 mg/dL (Q1, Q3)	0.00% (0.00, 0.30)	0.09% (0.02, 0.32)	0.02%	0.00% (0.00, 1.06)	0.09% (0.02, 0.30)	0.00%*
Median % < 3.9 mmol/L, < 70 mg/dL (Q1, Q3)	0.78% (0.00, 2.84)	0.78% (0.37, 1.49)	0.01%*	2.07% (0.50, 5.54)	0.82% (0.31, 1.62)	-0.86%*
Avg % > 10 mmol/L, > 180 mg/dL (std dev)	42.2% (20.0%)	20.7% (10.8%)	-21.5%*	32.1% (20.2%)	20.7% (14.1%)	-11.3%*
Avg % ≥ 13.9 mmol/L, ≥ 250 mg/dL (std dev)	16.3% (15.0%)	5.4% (5.1%)	-10.9%*	10.6% (12.7%)	4.8% (7.0%)	-5.7%*
Avg % ≥ 16.7 mmol/L, ≥ 300 mg/dL (std dev)	6.7% (9.1%)	1.8 (2.5%)	-4.8%*	4.2% (8.0%)	1.5% (3.1%)	-2.7%*
*Change between standard th	nerapy phase	and Omnipod	5 System p	hase was stat	istically signifi	cant.

#### Change in A1C Analysed by Baseline A1C

The table below provides information on the average change in A1C% from baseline to the end of the 3-month Omnipod 5 System treatment phase. Adolescents, adults and children experienced a reduction in A1C after 3 months of Omnipod 5 System use regardless of baseline A1C < 8% or  $\ge 8\%$  category.

Subgroup Analysis of Change in Average A1C(%) by Baseline A1C(%)							
	Baseline	A1C < 8% (	n = 105)	Baseline	e A1C ≥ 8%	(n = 23)	
Adolescents & Adults	Baseline	Omnipod 5	Change	Baseline	Omnipod 5	Change	
A1C% (std dev) <sup>‡</sup>	6.86% (0.59%)	6.60% (0.53%)	-0.27%*	8.55% (0.42%)	7.63% (0.67%)	-0.91%*	
	Baseline A1C < 8% (n = 73) Baseline A1C ≥ 8% (n = 39)						
Children	Baseline	Omnipod 5	Change	Baseline	Omnipod 5	Change	
A1C% (std dev) <sup>‡</sup>	7.11% (0.50%)	6.69% (0.44%)	-0.45%*	8.73% (0.63%)	7.56% (0.54%)	-1.18%*	

<sup>\*</sup>Change between standard therapy phase and Omnipod 5 System phase was statistically significant.

#### **Adverse Events**

The table below provides a full list of the adverse events that occurred during the 3-month Omnipod 5 System treatment phase.

Adverse Events During the Omnipod 5 System Phase							
Adverse Event Type	Children (6 to 13.9 years) (n = 112)	Adolescents & Adults (14 to 70 years) (n = 128)	Total (6 to 70 years) (n = 240)				
Hypoglycaemia <sup>‡</sup>	1	0	1				
Severe Hypoglycaemia§	1	2	3				
DKA	1	0	1				
Hyperglycaemia	1	2	3				
Prolonged Hyperglycaemia**	13	5	18				
Other	8	8	16				

Results reported as number of events.

<sup>&</sup>lt;sup>‡</sup>Average A1C values are reported with standard deviation values in brackets.

<sup>&</sup>lt;sup>‡</sup> Hypoglycaemia resulting in a serious adverse event, but otherwise not meeting the definition of severe hypoglycaemia.

<sup>§</sup> Required the assistance of another person.

Hyperglycaemia requiring evaluation, treatment or guidance from intervention site or hyperglycaemia resulting in a serious adverse event.

<sup>\*\*</sup> Meter blood glucose measuring ≥ 16.7 mmol/L (≥ 300 mg/dL) and ketones > 1.0 mmol/L.

# CGM-informed SmartBolus Calculator Clinical Study in Children, Adolescents and Adults

A study was conducted on 25 participants with type 1 diabetes aged 6–70 years to assess the Omnipod 5 CGM-informed SmartBolus Calculator.

During Phase 1, participants used the Omnipod 5 system in Manual Mode for the first 7 days without a connected CGM (standard SmartBolus Calculator). In Phase 2, participants used the Omnipod 5 system in Manual Mode with a connected CGM (CGM-informed SmartBolus Calculator) for 7 days.

The CGM-informed calculator automatically increased or decreased the suggested bolus amount based on the sensor glucose trend. The primary analysis of the study was to compare the percent of time spent < 3.9 mmol/L (< 70 mg/dL) and > 10 mmol/L (> 180 mg/dL) for the 4 hours after any bolus as measured by CGM between the two study phases. The results indicate that the use of the CGM-informed SmartBolus Calculator was associated with less time in hypoglycaemia within 4 hours of bolusing.

Comparison of Glycaemic Measures from Phase 1 (Standard SmartBolus
Calculator) and Phase 2 (CGM-Informed SmartBolus Calculator) for the 4 hours
After any Bolus (n = 25)

Arter dily bolds (ii - 25)						
Percent time in glucose range as measured by CGM	Standard SmartBolus Calculator	CGM-Informed SmartBolus Calculator	Difference			
3.9-10 mmol/L	65.1%	63.8%	-1.3%			
(70-180 mg/dL)	(15.4)	(15.7)				
< 3.9 mmol/L	2.8%	2.1%	-0.6%*			
(< 70 mg/dL)	(2.7)	(2.0)				
< 3 mmol/L	0.5%	0.3%	-0.2%			
(< 54 mg/dL)	(1.0)	(0.7)				
> 10 mmol/L	32.1%	34.0%	1.9%			
(> 180 mg/dL)	(15.7)	(16.0)				
≥ 13.9 mmol/L	8.2%	9.7%	1.4%			
(≥ 250 mg/dL)	(6.9)	(10.3)				
≥ 16.7 mmol/L	2.0%	2.6%	0.6%			
(≥ 300 mg/dL)	(2.6)	(3.7)				

Data is presented as average (standard deviation). Significant differences (p < 0.05) are highlighted with an asterisk.

#### Omnipod 5 Clinical Study in Very Young Children

The goal of this study was to assess the safety and effectiveness of the Omnipod 5 System in children with type 1 diabetes aged 2 to 5.9 years. This single-arm, multicentre, prospective study enrolled 80 children.

A 2-week standard therapy phase (usual insulin regimen) was followed by 3 months of Omnipod 5 System use in Automated Mode. The primary analysis consisted of A1C and sensor glucose time in range (3.9–10 mmol/L, 70–180 mg/dL) results.

The primary safety endpoints included the incidence of severe hypoglycaemia and diabetic ketoacidosis (DKA). An analysis of the secondary endpoints and additional metrics was also performed. An analysis of the primary and safety results are presented in the following tables.

Of the 80 participants enrolled, 100% completed the trial. The study population consisted of children diagnosed with type 1 diabetes based on the investigator's clinical judgement. All participants were required to have an A1C < 10.0% at screening. Participants had to be living with a parent or legal guardian.

#### **Glycaemic Results**

The tables on the following pages include information on the primary glycaemic results from the standard therapy phase compared to the 3-month Omnipod 5 System treatment phase. The primary results of the study included change in average A1C% and % time in range (3.9–10 mmol/L, 70–180 mg/dL). Participants experienced improvements in A1C and overall time in range after 3 months of Omnipod 5 System use. This result was achieved with a reduction of time > 10 mmol/L (> 180 mg/dL) as well as a reduction in median time < 3.9 mmol/L (< 70 mg/dL).

Some limitations to the study include: 1) single-arm design with no control group, which could lead to an over-estimate of glycaemic improvement; 2) standard therapy phase was shorter than the Omnipod 5 System phase.



Glycaemic Results Overall (24 hours)							
Characteristic	Standard Therapy	Omnipod 5	Change				
Avg A1C% (std dev)	7.4% (1.0%)	6.9% (0.7%)	-0.55%*				
Avg % time 3.9–10 mmol/L, 70–180 mg/dL (std dev)	57.2% (15.3%)	68.1% (9.0%)	10.9%*				
Avg sensor glucose, mmol/L, mg/dL, (std dev)	9.5, 171.1 (1.7, 30.5)	8.7, 157.4 (0.9, 16.8)	-0.8, -13.7*				
Avg standard deviation of sensor glucose, mmol/L, mg/dL (std dev)	3.6, 64.9 (0.7, 13.4)	3.3, 59.6 (0.6, 10.3)	-0.3, -5.3*				
Avg coefficient of variation of sensor glucose, % (std dev)	38.1% (5.5%)	37.7% (4.0%)	-0.4%				
% Time in Glucose Range							
Median % < 3 mmol/L, < 54 mg/dL (Q1, Q3)	0.24% (0.05, 0.84)	0.26% (0.16, 0.60)	0.06%				
Median % < 3.9 mmol/L, < 70 mg/dL (Q1, Q3)	2.19 (0.89, 4.68)	1.94 (1.18, 3.43)	-0.27%*				
Avg % > 10 mmol/L, > 180 mg/dL (std dev)	39.4% (16.7%)	29.5% (9.8%)	-9.9%*				
Avg % ≥ 13.9 mmol/L, ≥ 250 mg/dL (std dev)	14.8% (12.1%)	9.2% (5.6%)	-5.6%*				
Avg % ≥ 16.7 mmol/L, ≥ 300 mg/dL (std dev)	6.0% (7.3%)	3.2% (2.8%)	-2.7%*				

Most of the primary and secondary results are presented as averages (avg) with standard deviation (std dev) values in brackets. Time in range < 3.9 mmol/L (< 70 mg/dL) and < 3 mmol/L (< 54 mg/dL) is reported as medians with interquartile ranges in brackets (Q1, Q3). The median is the middle number in an ascending list of numbers and the interquartile range represents the middle 50% of values. \*Change between standard therapy phase and Omnipod 5 System phase was statistically significant.

Glycaemic Results Overnight (12:00AM to 6:00AM)					
Characteristic	Standard Therapy	Omnipod 5	Change		
Avg % time 3.9–10 mmol/L, 70–180 mg/dL (std dev)	58.2% (18.7%)	81.0% (10.0%)	22.8%*		
Avg sensor glucose, mmol/L, mg/dL (std dev)	9.3, 168.1 (1.8, 33.3)	7.8, 140.7 (0.9, 16.4)	-1.5, -27.4*		
Avg standard deviation of sensor glucose, mmol/L, mg/dL (std dev)	3.2, 58 (0.8, 14.0)	2.5, 45.5 (0.6, 10.8)	-0.7, -12.5*		
Avg coefficient of variation of sensor glucose, % (std dev)	34.7% (6.6%)	32.1% (5.2%)	-2.6%*		
% Time in Glucose Range					
Median % < 3 mmol/L, < 54 mg/dL (Q1, Q3)	0.00% (0.00, 0.97)	0.18% (0.06, 0.53)	0.00%		
Median % < 3.9 mmol/L, < 70 mg/dL (Q1, Q3)	1.66% (0.40, 4.21)	1.58% (0.65, 2.89)	-0.44%*		
Avg % > 10 mmol/L, > 180 mg/dL (std dev)	38.4% (20.1%)	16.9% (10.3%)	-21.5%*		
Avg % ≥ 13.9 mmol/L, ≥ 250 mg/dL (std dev)	13.0% (13.2%)	3.9% (3.9%)	-9.1%*		
Avg % ≥ 16.7 mmol/L, ≥ 300 mg/dL (std dev)	4.3% (6.7%)	1.2% (1.6%)	-3.1%*		
*Change between standard therapy pha	se and Omnipod 5 Sys	tem phase was statistic	cally significant.		

#### Change in A1C Analysed by Baseline A1C

The table below provides information on the average change in A1C% from baseline to the end of the 3-month Omnipod 5 System treatment phase analysed by baseline A1C%. Participants experienced a reduction in A1C after 3 months of Omnipod 5 System use regardless of baseline A1C < 8% or ≥ 8% category.

### Subgroup Analysis of Change in Average A1C(%) by Baseline A1C(%)

	Baseline A1C < 8% (n = 55)			) Baseline A1C ≥ 8% (n = 25)		
	Baseline	Omnipod 5	Change	Baseline	Omnipod 5	Change
A1C% (std dev) <sup>‡</sup>	6.9% (0.6%)	6.6% (0.6%)	-0.31%*	8.5% (0.5%)	7.5% (0.4%)	-1.06%*

<sup>\*</sup>Change between standard therapy phase and Omnipod 5 System phase was statistically significant.

†Average A1C values are reported with standard deviation values in brackets.

#### **Adverse Events**

The table below provides a full list of the adverse events that occurred during the 3-month Omnipod 5 System treatment phase.

Adverse Events During the Omnipod 5 System Phase				
Adverse Event Type	Omnipod 5			
Hypoglycaemia <sup>‡</sup>	0			
Severe Hypoglycaemia <sup>§</sup>	0			
DKA	0			
Hyperglycaemia	4			
Prolonged Hyperglycaemia**	20			
Other	5			

Results reported as number of events.

<sup>&</sup>lt;sup>‡</sup> Hypoglycaemia resulting in a serious adverse event, but otherwise not meeting the definition of severe hypoglycaemia.

<sup>§</sup> Required the assistance of another person.

Hyperglycaemia requiring evaluation, treatment or guidance from intervention site or hyperglycaemia resulting in a serious adverse event.

<sup>\*\*</sup> Meter blood glucose measuring ≥ 16.7 mmol/L (≥ 300 mg/dL) and ketones > 1.0 mmol/L.

#### CGM-Informed SmartBolus Calculator Clinical Study in Very Young Children

A study was conducted on 5 participants with type 1 diabetes aged 2–5.9 years to assess the Omnipod 5 CGM-informed SmartBolus Calculator in Manual Mode.

During Phase 1, participants used the Omnipod 5 system in Manual Mode for the first 7 days without a connected CGM (standard SmartBolus Calculator). In Phase 2, participants used the Omnipod 5 system in Manual Mode with a connected CGM (CGM-informed SmartBolus Calculator) for 7 days.

The CGM-informed calculator automatically increased or decreased the suggested bolus amount based on the sensor glucose trend. The primary analysis of the study was to compare the percent of time spent < 3.9 mmol/L (< 70 mg/dL) and > 10 mmol/L (> 180 mg/dL) for the 4 hours after any bolus as measured by CGM between the two study phases. The results showed that the CGM-informed SmartBolus Calculator provided similar glycaemic results as the standard SmartBolus calculator when used in Manual Mode.

Comparison of Glycaemic Measures from Phase 1 (Standard SmartBolus
Calculator) and Phase 2 (CGM-Informed SmartBolus Calculator) for the 4 hours
After any Bolus (n = 5)

Percent time in glucose range as measured by CGM	Standard SmartBolus Calculator	CGM-Informed SmartBolus Calculator	Difference
3.9-10 mmol/L	59.6%	62.8%	-3.15%
(70-180 mg/dL)	(7.1%)	(15.5%)	
< 3.9 mmol/L	5.16%	4.03%	-1.13%*
(< 70 mg/dL)	(4.99%)	(3.28%)	
< 3 mmol/L	1.47%	0.81%	-0.66%
(< 54 mg/dL)	(1.88%)	(0.91%)	
> 10 mmol/L	35.2%	33.2%	-2.03%
(> 180 mg/dL)	(10.3%)	(18.5%)	
≥ 13.9 mmol/L	9.4%	7.9%	-1.55%
(≥ 250 mg/dL)	(5.7%)	(6.4%)	
≥ 16.7 mmol/L	2.33%	1.99%	-0.34%
(≥ 300 mg/dL)	(2.69%)	(2.05%)	

Data is presented as average (standard deviation).



## **Settings and Technical Specifications**

#### **Controller Specifications**

**Size:** 143.92 mm high x 67.57 mm wide x 12.33 mm deep (5.67" x

2.66" x 0.49")

**Weight:** 165 grams (5.82 oz)

**Screen active area:** 56.16 mm wide x 120.58 mm high (2.21" x 4.75")

**Operating temperature range:** 5°C to 40°C (41°F to 104°F)

**Storage temperature range:** 0°C to 30°C (32°F to 86°F)

**Operating relative humidity range:** 20% to 90%, non-condensing Storage relative humidity range: 20% to 90%, non-condensing Operating atmospheric pressure: 700 hPA to 1060 hPA

Storage atmospheric pressure: 700 hPA to 1060 hPA

**Communication distance:** The Controller and Pod should be:

- At startup: Adjacent and touching, with the Pod either in or out of tray, to ensure proper communication during priming
- During normal operation: Within 1.5 metres (5 feet) of each other. Depending on the location, the communication distance may handle separations up to 15 metres (50 feet) away

**Alarm type:** Audible. Output: ≥ 45 db(A) at 1 metre

**IP (Ingress Protection) rating for moisture and dust:** IP22 (protected from touch by fingers and objects 12.5 millimetres (0.5 inches) or larger; not well-protected from water — avoid liquid)

Notification type: Audible and vibratory

Battery: Rechargeable Li-ion battery, 3.8V, 2800 mAh

**Battery Operational Life:** Full charge covers approximately 36 hours with typical use

**Controller Service Life:** Approximately 2 years (based on 300–500 charge cycles) with typical use

Shelf Life (Starter Kit): 18 months

Battery charger operating line voltage: 100 to 240 VAC, 50/60 Hz

Only use the Noetic approved power adapter (Insulet PN PT-000428) with the Controller.

#### **Dexcom Specifications**

For information about Dexcom operating specifications, see the *Dexcom CGM System Instructions for Use*.

#### **Pod Specifications**

**Size:** 3.9 cm wide x 5.2 cm long x 1.45 cm high (1.53" x 2.05" x 0.57")

Weight (without insulin): 26 grams (0.92 oz)

**Operating temperature range:** Pod operating environment of 5°C to

40°C (41°F to 104°F)

**Startup temperature:** above 10°C (50°F)

**Storage temperature range:** 0°C to 30°C (32°F to 86°F)

Warm-up time (0°C to 20°C, 32°F to 68°F): 7 minutes

**Cooldown time:** No time is required for cooldown from maximum

storage temperature (30°C, 86°F) to operating temperature

Reservoir volume (deliverable): 200 units

**Cannula insertion depth:** 4 to 7 mm (0.16–0.28 in)

**Depth of insulin infusion:**  $\geq 4 \text{ mm} (\geq 0.16 \text{ in})$ 

**IP (Ingress Protection) rating for moisture and dust:** IP28 (protected from touch by fingers and objects 12.5 millimetres (0.5 inches) or larger; protected from water to a depth of up to 7.6 metres (25 feet) for up to 60 minutes)

Insulin concentration: U-100

**Alarm type:** Audible. Output: ≥ 45 db(A) at 1 metre

**Sterilising agent:** sterilised using ethylene oxide

**Operating relative humidity range:** 20 to 85%, non-condensing Storage relative humidity range: 20 to 85%, non-condensing Operating

atmospheric pressure: 700 hPa to 1060 hPa

**Storage atmospheric pressure:** 700 hPa to 1060 hPa

Non-pyrogenic: Fluid pathway only

**Type BF applied part:** Protection from electrical shock

Maximum infusion pressure: 35 psi

Maximum volume infused under single fault conditions: 0.05 U

#### Flow Capability:

Prime rate: 0.05 unit per second

Basal: Programmable by the user in 0.05 U increments up to 30.0 U per hour

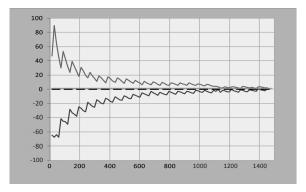
Bolus Rate: 1.5 units per minute. Dose range from 0.05 to 30.0 units

#### Delivery accuracy (tested per IEC 60601-2-24):

Basal:  $\pm$  5% at rates  $\geq$  0.05 U/hr Bolus:  $\pm$  5% for amounts  $\geq$  1.0 unit  $\pm$  0.05 units for amounts < 1.0 unit

**Note:** You should consider bolus dose accuracy when setting a bolus dose. When using the lowest bolus dose allowable (0.05 units), the actual bolus delivered may be as low as 0.00 units or as high as 0.10 units.

**Accuracy test results:** The following graph shows the flow accuracy of the Pod against given time periods. The measurements were made using a Pod with a basal rate of  $0.5 \,\mu$ l/h (which delivers  $0.05 \,\text{U/h}$  of U-100 insulin) at a high operating temperature. The overall mean percentage flow error was 1.40%.



#### **Compatible Devices**

The Omnipod 5 System is the first wearable, on-body, tubeless, Automated Insulin Delivery System, when used with either the Dexcom G6® or Dexcom G7® Continuous Glucose Monitoring Systems, to continuously adapt and automatically deliver insulin according to your personal needs. The Omnipod 5 System consists of a tubeless insulin Pod and the Omnipod 5 App on an Insulet-provided Controller.

#### **Quality of Service**

The Omnipod 5 System includes two wireless transmission pathways. Insulet defines the quality of service of the Omnipod 5 System for each of the two pathways:

#### Omnipod 5 App to Pod wireless communication definition

Successful transfer of commands, data and alarms between the Controller and Pod when in communication range (within 1.5 metres (5 feet) during normal operation). The Omnipod 5 App informs the user when transfer of commands, data and alarms is unsuccessful. For Insulin Delivery commands, the system performance requirements state that communication between the Pod and the Controller occurs within 8 seconds at a reliability rate of 95%. The Omnipod 5 App will inform the user when there are communication errors between the Pod and the Controller. When such an error occurs, the Omnipod 5 App will beep once every 10 seconds and the communication failure will continue to be indicated within the Omnipod 5 App until the communication error is resolved.

#### Pod to Sensor wireless communication definition

The percentage of sensor glucose values successfully received by the Pod when the Sensor and Pod attempt to communicate every 5 minutes. The System performance requirements state that at least 80% of Sensor Glucose Values will be successfully received by the Pod when the Sensor is worn within line of sight of the Pod. The System informs the user of missing Sensor Glucose Values in real time by the dashes on the home screen or by missed dots on the Sensor Graph.

To maintain quality of service when other devices operating in the 2.4 GHz band are around, the Omnipod 5 System uses the coexistence features provided by Bluetooth wireless technology.

#### **SmartBolus Calculator Inputs & Settings**

The following table describes what each SmartBolus Calculator setting does, how you can adjust them and how they are used to calculate a suggested bolus.

Omnipod 5 Setting and Range	How to Enter the Setting	Impacts on Suggested Bolus Calculations
Carbs (grams) 0.1–225 g (0.1 g increments)	Enter in SmartBolus Calculator	Increase in carb amount value increases amount of suggested bolus dose. Decrease in carb amount value decreases amount of suggested bolus dose.
Sensor Glucose Value (mmol/L, mg/dL) 2.2-22.2 mmol/L, 40-400 mg/dL (0.1 mmol/L, 1 mg/dL increments)	Select Use Sensor within SmartBolus Calculator (Value comes from your connected Sensor)	Increase in Sensor Glucose Value increases amount of suggested bolus dose. Decrease in Sensor Glucose Value decreases amount of suggested bolus dose.
Blood Glucose Reading (mmol/L, mg/dL) 1.1-33.3 mmol/L, 20-600 mg/dL (0.1 mmol/L, 1 mg/dL increments)	Enter in SmartBolus Calculator (Value comes from your blood glucose meter)	Increase in BG Reading increases amount of suggested bolus dose. Decrease in BG Reading decreases amount of suggested bolus dose.
Maximum Bolus 0.05–30 U (0.05 U increments)	Enter in Omnipod 5 App Settings or during First Time Setup	Limits amount of single bolus dose.
Extended Bolus (Manual Mode only) ON/OFF	Enter in Omnipod 5 App Settings or during First Time Setup	Allows for bolus delivery over a user-selected period of time.
Target Glucose & Correct Above Target Glucose: 6.1–8.3 mmol/L, 110–150 mg/dL Correct Above: Target Glucose – 11.1 mmol/L, Target Glucose – 150 mg/dL (0.55 mmol/L, 10 mg/dL increments, up to 8 segments/day)	Enter in Omnipod 5 App Settings or during First Time Setup	Increase in setting value decreases amount of suggested bolus dose. Decrease in setting value increases amount of suggested bolus dose.

se is ue.
ue
ue uggested
is is se is /alue.
of for

Note: The Extended Bolus feature can only be used in Manual Mode. All other therapy settings are used similarly in both Manual and Automated Modes.

#### **Considerations about SmartBolus Calculator Recommendations**

Keep the following in mind when using the SmartBolus Calculator and reviewing its recommendations:

- The SmartBolus Calculator uses your SmartBolus Calculator settings for the time when you are requesting a bolus.
- The SmartBolus Calculator refreshes values every 5 minutes. If you do not start your bolus within 5 minutes of entering the SmartBolus Calculator, the Omnipod 5 System will need to clear the screen so that it has the latest IOB and Sensor information. When changing time zones, always check your IC Ratio and Correction Factor settings for the new time to ensure it still meets your body's true insulin needs.
- The SmartBolus Calculator will suggest doses depending on the carbs you enter and the glucose value at that time. Check the nutritional content of your meals to ensure the carbs entered is as accurate as possible. Only enter BG readings that have been obtained within the last 10 minutes or tap **Use Sensor**. These factors will make sure that the SmartBolus Calculator suggests a bolus dose that is suitable for you.

If your Sensor Glucose Value or trend does not match your symptoms or expectations, use a fingerstick blood glucose reading in the SmartBolus Calculator.

When programming and delivering boluses, always confirm that the values you enter and the suggested bolus dose you receive are what you intend and align with what you want at that time.

The Omnipod 5 System has features that help with preventing unintended delivery amounts.

Delivery Limitations	Description
Maximum Bolus Setting	The SmartBolus Calculator will not deliver boluses that exceed the Maximum Bolus Setting you entered (0.05–30 U). For example, if you rarely deliver more than 5 U boluses and you set the Maximum Bolus Setting at 5 U, the system will prevent you from delivering anything greater than this amount.
Blood Glucose Reading Time Out	The SmartBolus Calculator will not calculate a suggested bolus dose using a blood glucose reading you entered from the Main Menu (≡) that is older than 10 minutes. You will need to enter a more recent blood glucose reading within the SmartBolus Calculator.
SmartBolus Calculator Time Out	The SmartBolus Calculator considers the values you input for a given bolus calculation to be valid for up to 5 minutes from initial entry of the value into the SmartBolus Calculator. If 5 minutes or more have elapsed, you will be notified that you must refresh the SmartBolus Calculator and input the values again.
Time Zones	The SmartBolus Calculator relies on accurate, updated insulin delivery history and data logging from your Omnipod 5 System. If a time zone change is detected by the Controller, the system will notify you. Update time zones on your Omnipod 5 App according to your healthcare provider's guidance.

#### Factors Used in the SmartBolus Calculator Calculations

The SmartBolus Calculator accounts for the following when it calculates a bolus:

- Your current glucose (manually entered or from Sensor), sensor glucose trend (if sensor glucose value is used), Target Glucose, Correct Above threshold and Correction Factor.
- The carbs you are about to eat or drink and your IC Ratio.
- Your Duration of Insulin Action and Insulin on Board (IOB).
- Your Minimum Glucose for Calculations.

#### **Bolus Delivery Performance Specifications**

Bolus size: 0.05-30 U in 0.05 U increments

#### **Delivery performance characterisation**

To assess bolus delivery accuracy, 12 Pods were tested by delivering a minimum, intermediate and maximum bolus amount (0.05, 5.00 and 30.0 Units).

The following table summarises the typical bolus performance observed for the requested minimum-, intermediate- and maximum-size bolus for all pumps tested. For each individual target bolus size, the number of boluses observed is shown along with the average (mean), minimum and maximum units delivered as measured by a scale.

Individual Bolus Accuracy Performance	Target Bolus Size (Units)	Mean Bolus Size (Units)	Min Bolus Size (Units)	Max Bolus Size (Units)
Min Bolus Delivery Performance (n = 5987 boluses)	0.05 U	0.050 U	0.00 U	0.119 U
Intermediate Bolus Delivery Performance (n = 300 boluses)	5.00 U	5.01 U	4.49 U	5.37 U
Max Bolus Delivery Performance (n = 72 boluses)	30.00 U	30.05 U	29.56 U	30.62 U

The tables that follow show, for each requested bolus size, the range of amount of insulin that was observed to have been delivered compared with the requested amount. Each table provides the number and percent of delivered bolus sizes observed within the specified range.

Amount of Ins	ulin Delive	ry for a Min	nimum (0.0	5 U) Bolus	Request
Amount (Units)	< 0.0125	0.0125- 0.0375	0.0375- 0.045	0.045- 0.0475	0.0475- 0.0525
(% of settings)	(< 25%)	(25–75%)	(75–90%)	(90–95%)	(95–105%)
Number and percent of boluses within range	61/5,987 (1%)	639/5,987 (10.7%)	1,284/5,987 (21.4%)	504/5,987 (8.4%)	1,100/5,987 (18.4%)
Amount (Units)	0.0525- 0.055	0.055- 0.0625	0.0625- 0.0875	0.0875- 0.125	> 0.125
(% of settings)	(105–110%)	(110–125%)	(125–175%)	(175–250%)	(> 250%)
Number and percent of boluses within range	504/5,987 (8.4%)	1,192/5,987 (19.9%)	582/5,987 (9.7%)	121/5,987 (2%)	0/5,987 (0%)

Amount of Insulin Delivery for an Intermediate (5.00 U) Bolus Request						
Amount (Units)	< 1.25	1.25-3.75	3.75-4.50	4.50-4.75	4.75-5.25	
(% of settings)	(< 25%)	(25–75%)	(75–90%)	(90–95%)	(95–105%)	
Number and percent of boluses within range	0/300 (0%)	0/300 (0%)	1/300 (0.3%)	4/300 (1.3%)	287/300 (95.7%)	
Amount (Units)	5.25-5.50	5.50-6.25	6.25-8.75	8.75–12.50	> 12.50	
(% of settings)	(105–110%)	(110–125%)	(125–175%)	(175–250%)	(> 250%)	
Number and percent of boluses within range	8/300 (2.7%)	0/300 (0%)	0/300 (0%)	0/300 (0%)	0/300 (0%)	

Amount of Ins	ulin Delive	ry for a Max	kimum (30.	0 U) Bolus	Request
Amount (Units)	< 7.5	7.5-22.5	22.5–27.0	27.0-28.5	28.5–31.5
(% of settings)	(< 25%)	(25-75%)	(75–90%)	(90-95%)	(95–105%)
Number and percent of boluses within range	0/72 (0%)	0/72 (0%)	0/72 (0%)	0/72 (0%)	72/72 (100%)
Amount (Units)	31.5-33.0	33.0-37.5	37.5-52.5	52.5-75.0	> 75.0
(% of settings)	(105–110%)	(110–125%)	(125–175%)	(175–250%)	(> 250%)
Number and percent of boluses within range	0/72 (0%)	0/72 (0%)	0/72 (0%)	0/72 (0%)	0/72 (0%)



#### **Basal Delivery Specifications**

**Basal rate:** Units/hr. Range: 0 U/hr to Maximum Basal Rate in 0.05 U/hr increments.

**Maximum Basal Rate:** Select one value between 0.05–30 U/hr in 0.05 U/hr increments. Default is 3.00 U/hr.

#### **Delivery performance characterisation**

To assess basal delivery accuracy, 12 Pods were tested by delivering at low, medium and high basal rates (0.05, 1.00 and 30.00 U/hr).

The following tables report the typical basal performance (median) observed, along with the lowest and highest results observed for the low, medium and high basal rate settings for all pumps tested, with no warm-up period. For each time period, the tables show the volume of insulin requested in the first row and the volume that was delivered as measured by the scale in the second row.

Low Basal Rate Delivery Performance (0.05 U/hr)							
Basal Duration (Number of units requested)	1 hour (0.05 U)	6 hc (0.3		12 hours (0.60 U)			
Amount Delivered	0.049 U	0.3	0 U	0.59 U			
[min, max]	[0.00, 0.12]	[0.13,	0.57]	[0.34, 0.99]			
Medium Basal Rate Delivery Performance (1.00 U/hr)							
Basal Duration (Number of units requested)	1 hour (1.00 U)	6 hours (6.00 U)		12 hours (12.00 U)			
Amount Delivered	0.99 U	5.97 U		11.88 U			
[min, max]	[0.65, 1.55]	[5.06, 6.87]		[10.53, 13.26]			
High Basal Rate	High Basal Rate Delivery Performance (30.00 U/hr)						
Basal Duration (Number of units requested)	1 hour (30.00 U) 6 hou		urs (180.00 U)				
Amount Delivered	29.82 U 179.33 U		179.33 U				
[min, max]	[28.85, 31.39]		[177.49, 181.15]				

**Note**: A measurement at the 12-hour period with a 30.00 U/hr basal rate is not applicable to the Omnipod 5 System as the reservoir will empty at approximately  $6^{2/3}$  hours at this rate.

#### **Blockage (Occlusion) Detection**

**Warning:** ALWAYS monitor your glucose and follow your healthcare provider's treatment guidelines when you stop receiving insulin due to a blockage (occlusion). Not taking action promptly could result in under-delivery of insulin, which can lead to hyperglycaemia or diabetic ketoacidosis (DKA).

**Caution:** ALWAYS check your glucose frequently when you use very low basal rates. Checking your glucose frequently can alert you to the presence of a blockage (occlusion). Blockages can result in hyperglycaemia.

A blockage (occlusion) is an interruption in insulin delivery from the Pod. If the Omnipod 5 System detects a blockage, it sounds a Hazard Alarm and prompts you to deactivate and change your Pod.

A blockage Hazard Alarm sounds when an average of 3 units to 5 units of missed insulin occurs. The following table depicts blockage detection for three different situations when using U-100 insulin. For example, if the Pod's cannula becomes blocked when delivering a 5 U bolus, 35 minutes may pass before the Pod sounds a Hazard Alarm.

	Time between blo	Time between blockage and Pod alarm		
	Maximum time			
5.00 U bolus	33 minutes	35 minutes		
1.00 U/hr basal	3.0 hr	5.5 hr		
0.05 U/hr basal	51 hr	80 hr (Pod expiry)		

If a blockage spontaneously clears up, a volume of insulin could be released. That volume would not exceed the volume of the programmed insulin intended for delivery.

If your Omnipod 5 System detects a potential blockage to your insulin delivery, it will set a blockage alarm to sound. If a blockage alarm is set to sound while an immediate bolus is in progress, the alarm is delayed until completion of the bolus.

#### **Omnipod 5 System Label Symbols**

The following symbols appear on the Omnipod 5 System or its packaging:

Symbol	Meaning	Symbol	Meaning
	Do not re-use	MR	MR unsafe
	Refer to instruction manual / booklet		Do not use if package is damaged and consult instructions for use
STERILE EO	Sterilized using ethylene oxide	<b>*</b>	Type BF applied part
$\mathbb{A}$	Date of manufacture		Manufacturer
USA	Country of Manufacture – United States of America	MYS	Country of Manufacture – Malaysia
CHN	Country of Manufacture – China	Compatible with	Compatible with
LOT	Batch code	<b>*</b>	Keep dry
	Use-by date	1	Temperature limit
REF	Catalogue number		Humidity limitation
SN	Serial number	<b>→•</b>	Atmospheric pressure limitation
IP28	Protects persons against access to hazardous parts with fingers and protects against solid foreign object ingress of diameter 12.5 mm or greater; Submersible: Waterproof to 7.6 meters (25 feet) for up to 60 minutes	IP22	Protects persons against access to hazardous parts with fingers and protects against solid foreign object ingress of diameter 12.5 mm or greater; avoid liquid
X	Non-pyrogenic fluid path	MD	Medical device
X	Do not dispose with household waste	RoHS	RoHS compliant
	Single sterile barrier system		Single patient multiple use
U100 INSULIN	Compatible with U-100 Insulin Only	[]i	Consult instructions for use or consult electronic instructions for use

FCC ID: Federal Communication Commission Identifier with number  IC: Canada Radio Standards Specifications  Switzerland Authorized Representative  Symbol Meaning Caution: Federal law restricts this device to sale by or on the order a physician  HARD Hardware version identification number  Authorized representation in the European Community/European Community/European	
FCC ID: Commission Identifier with number  IC: Complies with ISED Canada Radio Standards Specifications  Federal Communication restricts this device to sale by or on the order a physician  HARD HARD HARD HARD Authorized  FCH REP Switzerland Authorized	
IC: Canada Radio Standards Specifications  HVIN: Hardware Version identification number  Authorized representa in the European	r of
CH   REP   Switzerland Authorized   EC   REP   in the European	
Union	
<b>C ∈</b> Marking of conformity Importer	
UK Conformity Assessed  Australian Regulatory Compliance Mark	
(France) The Triman indicates that the product must be sorted or returned to a collection point.  (France) The Triman Intertek Authorized Product Certification Mark	
(France) This product must be separated from conventional perforating DASTRI for recycling.  (France) This pictogran means that the product contains a piercing object.	
(France) Electronic perforating waste must be stored in the secure DASTRI purple box. These purple boxes are distributed free of charge in pharmacies. (France) All pharmacies distribute and collect DASTRI needle boxes free of charge from selections to treatment patients.	
(France) The puncture waste must be placed in a DASTRI needle box These needle boxes are distributed by pharmacies.	х.
Charging cable Charging adapter	
Fill Syringe and Needle Assembly	
Controller skin Omnipod 5 Controller	



# 10

## Staying Safe while Using the Omnipod 5 System

#### **General Warnings**

Warning: Read all the instructions provided in the Instructions for Use before using the Omnipod 5 System. Monitor your glucose with the guidance of your healthcare provider. Undetected hyperglycaemia or hypoglycaemia can result without proper monitoring.

Warning: DO NOT start to use your system or change your settings without adequate training and guidance from your healthcare provider. Initiating and adjusting settings incorrectly can result in over-delivery or under-delivery of insulin, which could lead to hypoglycaemia or hyperglycaemia. Settings that impact insulin delivery mainly include: Pod Shut-Off, basal rate(s), Max Basal Rate, Max Bolus, Correction Factor(s), Insulin to Carb (IC) Ratio(s), Minimum Glucose for Calculations, Target Glucose and Correct Above and Duration of Insulin Action.

Warning: DO NOT rely upon the Instructions for Use in any way in connection with your personal healthcare, related decisions and treatment. The Instructions for Use are informational only and not intended as medical or healthcare advice or recommendations to be used for diagnosis, treatment or any other individual needs. The Instructions for Use are not a substitute for medical or healthcare advice, recommendations and/or services from a qualified healthcare provider. All such decisions and treatment should be discussed with a qualified healthcare provider who is familiar with your individual needs.

Warning: DO NOT use the Omnipod 5 System if you are unable or unwilling to use it as instructed by the Instructions for Use and your healthcare provider. Failure to use this system as intended could result in over-delivery or under-delivery of insulin, which can lead to hypoglycaemia or hyperglycaemia.

Warning: ALWAYS keep an emergency kit with you to quickly respond to any diabetes emergency or in the case that your Omnipod 5 System stops working. Always carry supplies to perform a Pod change should you need to replace your Pod at any time.

**Warning:** DO NOT use the Omnipod 5 System if you do not have adequate vision and/or hearing to recognise all functions of the Omnipod 5 System including alerts, alarms and Reminders according to instructions.

Warning: DO NOT use the Omnipod 5 System at low atmospheric pressure (below 700 hPA). You could encounter such low atmospheric pressures at high elevations, such as when mountain climbing or living at elevations above 3,000 metres (10,000 feet). Change in atmospheric pressure can also occur during take-off with air travel. Unintended insulin delivery can occur if there is expansion of tiny air bubbles that may exist inside the Pod. This can result in hypoglycaemia. It is important to check your glucose frequently when flying to avoid prolonged hypoglycaemia.

Warning: DO NOT expose any Omnipod 5 System products or supplies to extreme temperatures as this results in them not functioning properly. Store all Omnipod 5 System products and supplies, including unopened Pods, in a cool, dry place. Warning: DO NOT use the Omnipod 5 System in oxygen-rich environments (greater than 25% oxygen), which include home or surgical areas that use supplementary oxygen and hyperbaric chambers. Hyperbaric, or high pressure, chambers are sometimes used to promote healing of diabetic ulcers or to treat carbon monoxide poisoning, certain bone and tissue infections and decompression sickness. Exposure to oxygen-rich environments could result in combustion of the Pod or Omnipod 5 Controller, which can cause severe burns to the body.

Warning: DO NOT use the Omnipod 5 System in high atmospheric pressure environments (above 1060 hPA), which can be found in a hyperbaric chamber. Hyperbaric, or high pressure, chambers are sometimes used to promote healing of diabetic ulcers or to treat carbon monoxide poisoning, certain bone and tissue infections and decompression sickness. Exposure to high atmospheric pressure environments can damage your Pod and Omnipod 5 Controller, which could result in under-delivery of insulin which can lead to hyperglycaemia.

Warning: Device components including the Pod, Dexcom G7 Sensor, Dexcom G6 Sensor and Transmitter may be affected by strong radiation or magnetic fields. Device components must be removed (and the Pod and Sensor should be disposed of) before X-ray, Magnetic Resonance Imaging (MRI) or Computed Tomography (CT) scans (or any similar test or procedure). In addition, the Controller should be placed outside of the procedure room. Exposure to X-ray, MRI or CT treatment can damage these components. Check with your healthcare provider on Pod removal guidelines.

#### **Insulin Warnings**

Warning: ONLY use rapid-acting U-100 NovoLog®/NovoRapid® (insulin aspart), Humalog®/Liprolog® (insulin lispro), Admelog®/Insulin lispro Sanofi® (insulin lispro), Trurapi®/Insulin aspart Sanofi® (insulin aspart), and Kirsty® (insulin aspart) insulin in the Omnipod 5 System as they have been tested and found to be safe for use with this system. NovoLog/ NovoRapid, Humalog/Liprolog, Admelog/ Insulin lispro Sanofi, Trurapi/Insulin aspart Sanofi and Kirsty are compatible with the Omnipod 5 System for use up to 72 hours (3 days). Follow your healthcare provider's directions for how often to replace the Pod.

Warning: AVOID administering insulin, such as by injection or inhalation, while wearing an active Pod as this could result in hypoglycaemia. The Omnipod 5 System cannot track insulin that is administered outside of the system. Consult your healthcare provider about how long to wait after manually administering insulin before you start Automated Mode.

Warning: ALWAYS be prepared to inject insulin with an alternative method if insulin delivery from the Pod is interrupted. You are at increased risk for developing hyperglycaemia if insulin delivery is interrupted because the Pod only uses rapid-acting U-100 insulin. Failure to have an alternative method of insulin delivery can lead to very high glucose or diabetic ketoacidosis (DKA). Ask your healthcare provider for instructions for handling interrupted insulin delivery.

Warning: NEVER use insulin that is expired or cloudy in the Pod as it may be damaged. Using damaged or expired insulin could cause hyperglycaemia and put your health at risk.

#### **Glucose Warnings**

**Warning:** ALWAYS follow your healthcare provider's guidance on appropriate glucose monitoring to avoid hyperglycaemia and hypoglycaemia.

Warning: Glucose below 3.9 mmol/L (70 mg/dL) may indicate hypoglycaemia (low glucose). Glucose above 13.9 mmol/L (250 mg/dL) may indicate hyperglycaemia (high glucose). Follow your healthcare provider's suggestions for treatment.

Warning: ALWAYS promptly treat hypoglycaemia. Glucose at or below 3.1 mmol/L (55 mg/dL) indicates significant hypoglycaemia (very low glucose). If left untreated, this could lead to seizure, loss of consciousness or death. Follow your healthcare provider's recommendations for treatment.

Warning: ALWAYS promptly treat glucose below 3.9 mmol/L (70 mg/dL) (hypoglycaemia) according to your healthcare provider's recommendations. Symptoms of hypoglycaemia include weakness, sweating, nervousness, headache or confusion. If left untreated, hypoglycaemia can lead to seizure, loss of consciousness or death.

Warning: DO NOT wait to treat hypoglycaemia (low glucose) or symptoms of hypoglycaemia. Even if you cannot check your glucose, waiting to treat symptoms could lead to severe hypoglycaemia, which can lead to seizure, loss of consciousness or death.

**Warning:** DO NOT wait to treat DKA. If left untreated, DKA can quickly lead to breathing difficulties, shock, coma or death.

Warning: NEVER drive yourself to the emergency department if you need emergency medical care. Ask a friend or family member to take you to the emergency department or call an ambulance. Warning: ALWAYS be aware of your current sensor glucose value, trust how your body feels and do not ignore symptoms of high and low glucose. Even though insulin delivery adjusts automatically in Automated Mode with the goal of bringing your glucose level to your defined Target Glucose, severe hypoglycaemia or hyperglycaemia may still occur.

If your sensor glucose values do not match your symptoms, ALWAYS check your blood glucose using a BG meter, consider treatment and/or Sensor calibration if necessary. ALWAYS switch to Manual Mode if you feel you are receiving inaccurate sensor glucose values.

- Erroneously high sensor glucose values can cause excessive insulin delivery, leading to severe hypoglycaemia, seizure, loss of consciousness or death.
- Erroneously low sensor glucose values can cause prolonged insulin suspension leading to hyperglycaemia, DKA or death.

If you are having symptoms that are not consistent with your blood glucose readings and you have followed all instructions described in the Instructions for Use, contact your healthcare provider.

Warning: ALWAYS promptly treat hyperglycaemia (high glucose) according to your healthcare provider's recommendations. Symptoms of hyperglycaemia include fatigue, thirst, excess urination or blurry vision. If left untreated, hyperglycaemia can lead to diabetic ketoacidosis (DKA) or death.

Warning: ALWAYS treat "LOW" or "HIGH" sensor glucose values and "LOW" or "HIGH" blood glucose readings according to your healthcare provider's recommendations. These values can indicate potentially serious conditions requiring immediate medical attention. If left untreated, these situations can quickly lead to diabetic ketoacidosis (DKA), shock, coma or death.

#### **Pod Warnings**

**Warning:** ALWAYS dispose of the Pod according to local waste disposal guidelines. The Pod is considered biohazardous after use and can potentially transmit infectious diseases.

Warning: DO NOT use a Pod if you are sensitive to or have allergies to acrylic adhesives or have fragile or easily damaged skin. Applying a Pod under these circumstances could put your health at risk.

Warning: DO NOT allow small children access to small parts, such as the Pod and its accessories, including the tab. Small parts could be swallowed and pose a choking hazard. If ingested or swallowed, these small parts could cause internal injury or infection.

Warning: NEVER inject large bubbles or pockets of air when filling the Pod with insulin. Air in the system takes up space where insulin should be and can affect insulin delivery. Doing so could result in over-delivery or under-delivery of insulin, which can lead to hypoglycaemia or hyperglycaemia.

Warning: NEVER use a Pod if, while you are filling the Pod, you feel significant resistance while pressing the plunger down on the fill syringe. Do not try to force the insulin into the Pod. Significant resistance may indicate that the Pod has a mechanical defect. Using this Pod could result in under-delivery of insulin that can lead to hyperglycaemia.

Warning: DO NOT apply a Pod if you see the cannula is extended beyond the adhesive backing after the tab on the Pod is removed. This cannula cannot be inserted, resulting in under-delivery of insulin, which could lead to hyperglycaemia.

Warning: ALWAYS check the infusion site often to make sure the cannula is properly inserted and secured to the Pod. Verify that there is no wetness or scent of insulin, which may indicate that the cannula has dislodged. An improperly inserted, loose or dislodged cannula could result in under-delivery of insulin, which can lead to hyperglycaemia.

Warning: NEVER inject insulin (or anything else) into the fill port while the Pod is on your body. Attempting to do so may result in the over-delivery or underdelivery of insulin, which could lead to hypoglycaemia or hyperglycaemia.

Warning: DO NOT apply a new Pod until you have deactivated and removed the old Pod. A Pod that is not deactivated properly can continue to deliver insulin as programmed, putting you at risk of over-delivery of insulin, which can lead to hypoglycaemia.

Warning: DO NOT continue using an activated Pod that fails to beep during a diagnostic test. The Pod should be changed immediately. If the Omnipod 5 App fails to beep during a diagnostic test, call Customer Care immediately. Continuing to use the Omnipod 5 System in these situations may put your health and safety at risk.

Warning: DO NOT expose a Pod to direct sunlight for long periods of time. Remove your Pod prior to using hot tubs, whirlpools or saunas. These conditions could expose the Pod to extreme temperatures and may also affect the insulin inside the Pod, which could lead to hyperglycaemia.

Warning: DO NOT expose your Pod to water at depths greater than 7.6 metres (25 feet) or for longer than 60 minutes because damage to the Pod can occur. This could result in over-delivery or under-delivery of insulin, which can lead to hypoglycaemia or hyperglycaemia.

#### **Controller Warnings**

Warning: ALWAYS identify the Omnipod 5 App as yours before using it. Using someone else's Omnipod 5 App can result in incorrect insulin delivery for both of you.

Warning: ALWAYS keep your Omnipod 5 App secure and within your control to ensure others cannot make changes to your insulin therapy, which can lead to hypoglycaemia or hyperglycaemia. Do not share your Controller PIN with anyone.

Warning: ALWAYS contact Customer Care if your Omnipod 5 System Controller is damaged and not working properly. If a Controller replacement is needed, ALWAYS consult with your healthcare provider to get instructions on using other backup insulin delivery methods, like insulin injections. Make sure to check your glucose frequently.

**Warning:** You will NOT be able to use the Omnipod 5 App if:

- You have not installed a required update to the Omnipod 5 App.
- An update for the Omnipod 5 App is not yet available to fix a known issue.

Use a different insulin delivery method. Failure to deactivate your Pod and use another form of insulin delivery could result in over-delivery or under-delivery of insulin. This can lead to hypoglycaemia or hyperglycaemia.

#### **Alarm Warnings**

Warning: ALWAYS respond to Hazard Alarms as soon as they occur. Pod Hazard Alarms indicate that insulin delivery has stopped. Failure to respond to a Hazard Alarm could result in underdelivery of insulin, which can lead to hyperglycaemia.

Warning: ALWAYS monitor your glucose and follow your healthcare provider's treatment guidelines when you stop receiving insulin due to a blockage (occlusion). Not taking action promptly could result in under-delivery of insulin, which can lead to hyperglycaemia or diabetic ketoacidosis (DKA).

Warning: You must use the Omnipod 5 App within 15 minutes of the onset of the Pod Shut-Off Advisory Alarm. If you do not respond to this alarm within this time, the Omnipod 5 App and Pod sound a Hazard Alarm and your Pod stops delivering insulin, which can lead to hyperglycaemia.

#### **Sensor Warnings**

Warning: ALWAYS make sure you are using the Sensor per manufacturer's instructions. Do not extend the Sensor wear beyond the recommended duration and do not start a Sensor past its Use By date. The Omnipod 5 System relies on accurate, current sensor glucose values to determine your insulin needs. Incorrect use of the Sensor could result in over-delivery or under-delivery of insulin, which could lead to hypoglycaemia or hyperglycaemia.

Warning: Do NOT use the Omnipod 5 System with a Dexcom Sensor if you are taking hydroxyurea, a medication used in the treatment of diseases including cancer and sickle cell anaemia. Your Dexcom Sensor readings could be falsely elevated and could result in overdelivery of insulin, which can lead to severe hypoglycaemia.

Warning: ALWAYS confirm the Dexcom G6 Transmitter serial number (SN) or Dexcom G7 pairing code and serial number you save in the Omnipod 5 App matches the one you are wearing. In cases where more than one person in the household uses a Dexcom Sensor, mismatching numbers could result in over-delivery or under-delivery of insulin, which can lead to hypoglycaemia and hyperglycaemia.

# SmartBolus Calculator Warnings

Warning: AVOID changing your SmartBolus Calculator Settings before consulting with your healthcare provider. Incorrect changes could result in overdelivery or under-delivery of insulin, which can lead to hypoglycaemia or hyperglycaemia. Settings that impact bolus calculations mainly include: Max Bolus, Minimum Glucose for Calculations, Correct Above, Correction Factor(s), Insulin to Carb (IC) Ratio(s), Duration of Insulin Action and Target Glucose.

Warning: ALWAYS check your glucose frequently when you use the Extended Bolus function to avoid hypoglycaemia or hyperglycaemia.

Warning: AVOID entering a blood glucose reading that is older than 10 minutes. If you use a reading older than 10 minutes, the bolus calculator could calculate and recommend an incorrect dose, which could result in over-delivery or under-delivery of insulin. This can lead to hypoglycaemia or hyperglycaemia.

#### SmartAdjust™ Technology Warnings

Warning: DO NOT use SmartAdjust™ technology in pregnant women, critically ill patients or those on dialysis. The safety of SmartAdjust™ technology has not been evaluated in these populations. Consult with your healthcare provider if any of these conditions apply to you before using SmartAdjust™ technology.

Warning: SmartAdjust™ technology should NOT be used by anyone under the age of 2 years old. SmartAdjust™ technology should also NOT be used in people who require less than 5 units of insulin per day, as the safety of the technology has not been evaluated in this population.

Warning: ALWAYS monitor for symptoms of hypoglycaemia while the Activity feature is enabled. Hypoglycaemia can still occur when using the Activity feature. Follow your healthcare provider's advice on hypoglycaemia avoidance and treatment. If untreated, hypoglycaemia can lead to seizure, loss of consciousness or death.

#### **General Precautions**

**Caution:** DO NOT use any component of the Omnipod 5 System (Controller, Pod) if you suspect damage after an unexpected event such as dropping or hitting on a hard surface. Using damaged components may put your health at risk as the system may not be working properly. If you are unsure if one or more of your components are damaged, stop using the system and call Customer Care for support.

Caution: ONLY use the Omnipod 5
System with authorised devices
(Omnipod 5 App, Controller, Pod,
Dexcom G6 or Dexcom G7 Sensor). DO
NOT attempt to use the Omnipod 5
System with unauthorised devices.
Attempting to use the Omnipod 5 System with unauthorised devices could interrupt your insulin delivery and put your health and safety at risk.

Caution: ALWAYS be aware of possible changes to your time zone when travelling. If you do not update your time zone, your insulin therapy will be delivered based on your old time zone, which may cause disruptions in your insulin delivery schedule and inaccurate history logs. Talk to your healthcare provider about how to manage your insulin delivery while travelling between time zones.

**Caution:** NEVER use a hair-dryer or hot air to dry the Controller or Pod. Extreme heat can damage the electronics.

**Caution:** ALWAYS check your glucose frequently when you use very low basal rates. Checking your glucose frequently can alert you to the presence of a blockage (occlusion). Blockages can result in hyperglycaemia.

Caution: ALWAYS check your glucose frequently during amusement park rides and flying or other situations where sudden changes or extremes of air pressure, altitude or gravity may be occurring. Though the Omnipod 5 System is safe to use at atmospheric pressures typically found in aeroplane cabins during flight, the atmosphere pressure in an aeroplane cabin can change during flight, which may affect the Pod's insulin delivery. Rapid changes in altitude and gravity, such as those typically found on amusement park rides or flight take-off and landing, can affect insulin delivery, leading to possible hypoglycaemia or injury. If needed, follow your healthcare provider's treatment instructions.

Caution: DO NOT take the Omnipod 5 System through Advanced Imaging Technology (AIT) body scanners or x-ray baggage scanners when going through airport security checkpoints. The effects of this equipment have not been evaluated and could affect device reliability and accuracy. Remove your devices or request an alternate screening method, such as metal detector, handwand, or pat down. Request visual inspection of bags containing System components. If you remove your components, replace them as quickly as possible after the security checkpoint. Before air travel, get a healthcare provider letter about the Omnipod 5 System's use and limits: www.omnipod. com/en-au/current-podders/travel

**Caution:** ALWAYS tap START INSULIN to start insulin delivery after a pause period has ended during Manual Mode use. Insulin delivery does not automatically start after a pause. If you do not start insulin delivery, you could develop hyperglycaemia.

**Caution:** AVOID storing Omnipod 5 System components and supplies in a place where children, pets or pests may access. Unintended access could result in damage to system parts or impact their sterility.

**Caution:** DO NOT use a Pod if the sterile packaging is open or damaged, the Pod has been dropped after removal from the package or the Pod is expired, as the Pod may not work properly and increase your risk of infection.

Caution: ALWAYS check your glucose prior to delivering a bolus so you are better informed on how much to take. Delivering a bolus without checking your glucose could result in over-delivery or under-delivery of insulin, which can lead to hypoglycaemia or hyperglycaemia.

**Caution:** DO NOT make changes or modifications to any component of the Omnipod 5 System that have not been authorised by Insulet Corporation. Unauthorised tampering with the System can revoke your right to operate it.

Caution: When there is no communication between the Pod and the Controller, the Pod continues delivering insulin according to settings active on the Pod before losing communication. For example, automated insulin delivery from the Pod will continue in Automated Mode. Restoring communication is needed to see your system status and notifications and to send new instructions to the Pod. To restore communication try bringing the Controller within 1.5 metres (5 feet) of the Pod

**Caution:** DO NOT use portable radio frequency (RF) communications equipment (including peripherals such as antenna cables and external antennas) closer than 30 cm (12 inches) to any part of the Omnipod 5 System, as it may impact the communication between your Controller and your Pod.

### **Controller Precautions**

**Caution:** Connect ONLY to trusted Wi-Fi networks with your Controller. AVOID connecting to public Wi-Fi networks, such as those found in airports, coffee shops, etc., as these networks are not secure and could result in exposing your Controller to malware. DO NOT connect to public Wi-Fi networks during first time setup of your Omnipod 5 System.

**Caution:** ALWAYS keep your Controller safe and within your control to ensure others cannot make changes to your insulin therapy. Do not share your Controller lock screen security with anyone.

**Caution:** ALWAYS make sure your battery has adequate charge prior to installing a software update.

**Caution:** DO NOT reset the Omnipod 5 App before checking with your healthcare provider. This will erase all of your settings, Adaptive Basal Rate and history and require you to change your active Pod. Before resetting, make sure you have a current record of your settings and a new Pod with supplies to use when restarting the App.

# **Controller-specific Precautions**

Caution: AVOID turning Automatic Time Zone OFF on the Controller. If you turn Automatic Time Zone OFF, your Controller will not be able to detect when your device time zone and insulin delivery time zone do not match. Delivering insulin based on a different time zone than your local time may cause errors in insulin delivery and data logging, which can lead to hypoglycaemia or hyperglycaemia.

Caution: ALWAYS plug in and charge your Controller when you see the low battery message. If the battery charge becomes critically low, the Controller turns itself off and you will not receive a low battery Hazard Alarm. Without the use of the Controller, you will not be able to make changes to your insulin delivery, which could result in the over-delivery or underdelivery of insulin, which can lead to hypoglycaemia or hyperglycaemia.

**Caution:** DO NOT expose your Controller battery to high heat [> 30°C (> 86°F) during storage and > 40°C (> 104°F) during use]. Do not puncture, crush or apply pressure to your battery. Failure to follow these instructions could result in an explosion, fire, electric shock, damage to the Controller or battery or battery leakage.

Caution: DO NOT expose your Controller to extreme temperatures while in storage or during use. Extreme heat or cold can cause the Controller to malfunction. Extreme heat is defined as > 30°C (86°F) during storage and > 40°C (104°F) during use. Extreme cold is defined as < 0°C (32°F) during storage and < 5°C (41°F) during use.

**Caution:** Use ONLY the USB charging cable and adapter that you received in the box with your Controller. AVOID using alternative charging cables or other accessories, as they may damage the Controller or affect the way it charges in the future. If you must use a different cable, use only cables less than or equal to 1.2 metres (4 feet) in length.

**Caution:** DO NOT place the Controller in or near water because the Controller is not waterproof. Failure to do so could result in damage to the Controller.

**Caution:** DO NOT use solvents to clean your Controller. DO NOT immerse your Controller in water as it is not waterproof. The use of solvents or immersion in water could result in damage to the Controller.

**Caution:** DO NOT allow debris or liquid to get into the USB port, speaker, sound/ vibrate button or Power button while cleaning the Controller. Failure to do so could result in damage to the Controller.

**Caution:** ONLY press the Power button on the Controller for less than 1 second or you may accidentally turn the power off. If the Controller displays a message asking if you would like to "Power Off", tap outside the message to cancel the message. If you accidentally power off your Controller, you can miss important notifications and alarms from the Omnipod 5 App. If you do not hear alarms and notifications from your Controller, you might not make the changes you need to make to your insulin therapy in a timely manner. The Pod will alarm regardless of whether the state of the Controller is On or Off.

**Caution:** Do not use the Controller if it appears damaged or is not working as it should. Do not use the Controller if its screen is broken.

### **Pod Precautions**

**Caution:** ALWAYS activate a new Pod in a timely manner. Waiting too long between Pod changes could result in underdelivery of insulin, which can lead to hyperglycaemia. If another Pod is not available, use a different insulin delivery method.

Caution: ALWAYS insert the fill syringe into the fill port and not into any other location on the Pod. Do not insert the fill syringe more than once into the fill port. Use only the fill syringe and needle that came with your Pod. The fill syringe is intended for single use only and should only be used with the Omnipod 5 System. Failure to follow the instructions above may result in damage to your Pod.

**Caution:** NEVER reuse the Pod or fill syringe or try to use a fill syringe that did not come with your Pod. Always dispose of the used Pod and fill syringe according to local disposal guidelines. Only use a new Pod with the fill syringe included with each Pod change. Always carry supplies to perform a Pod change should you need to replace your Pod at any time.

**Caution:** ALWAYS follow these steps in preparing your site. If your site is not cleaned properly or if your hands are dirty, you increase your risk of infection.

- Wash your hands.
- Clean the top of the insulin vial with an alcohol prep swab.
- Clean your infusion site with soap and water or an alcohol prep swab and let it dry completely.
- Keep sterile materials away from any possible contamination.

**Caution:** ALWAYS apply the Pod as directed. If you are applying a Pod in a place that does not have a lot of fatty tissue, squeeze the skin around the Pod until after the cannula has been inserted. Blockages (occlusions) may result if you do not use this technique for lean areas.

**Caution:** ALWAYS rotate insulin infusion sites to help prevent infusion site complications like scar tissue and infection. Rotating insulin infusion sites reduces the risk of scarring. Using a site with scar tissue can lead to problems with insulin absorption.

**Caution:** ALWAYS check for signs of infection often. If an infusion site shows signs of infection:

- Immediately remove the Pod and apply a new Pod at a different infusion site.
- Contact your healthcare provider.
   Treat the infection according to instructions from your healthcare provider.

If you see blood in your cannula, check your glucose more frequently to ensure insulin delivery has not been affected. If you experience unexpected high glucose, change your Pod.

**Caution:** Use caution while cleaning the Pod on your body. Hold the Pod securely so the cannula does not kink and the Pod does not detach from your skin.

Caution: DO NOT use sprays, strong detergents or solvents on or near your Pod. The use of spray sunscreen, DEET-containing insect repellent spray, personal care sprays and other aerosols, detergents and strong chemicals on the Pod can irritate the infusion site or damage the Pod, increasing the risk that the Pod housing will crack. Pod damage could result in external fluids seeping into the Pod, which can impact the ability of the Pod to function properly. This may result in the over-delivery or underdelivery of insulin, which can lead to hypoglycaemia or hyperglycaemia.

### **Alarm Precautions**

**Caution:** ALWAYS respond to Pod Expired, Low Pod Insulin and Pod Shut-Off Advisory Alarms when they occur. These alarms escalate to Hazard Alarms if no action is taken. When Hazard Alarms occur, insulin delivery stops.

**Caution:** AVOID leaving your Controller in a place that would prevent you from hearing alarms and notifications from your Omnipod 5 App. Delivery of insulin in Manual Mode or Automated Mode continues as programmed if you move away from your Controller.

**Caution:** Permanently silencing a Pod alarm requires the Pod to be removed from your body. Once removed and discarded, promptly activate a new Pod to avoid going too long without insulin, which could lead to hyperglycaemia.

**Caution:** ALWAYS check the alarm function when you change the Pod if you suspect any issue with the Pod's sounds to ensure you don't miss important alarms during use.

**Caution:** ALWAYS make sure you can hear alarms and notifications when paired to alternative audio devices (e.g. Bluetooth speaker, headphones).

**Caution:** AVOID setting your Controller to Silent, Vibrate or any other setting that prevents you from hearing alarms and notifications from your Omnipod 5 App, from your Controller, you might not make the changes you need to make to your insulin therapy in a timely manner. Your Pod will still sound and you will be able to see the Alarm or Notification displayed on the Omnipod 5 App.

### **Sensor Precautions**

**Caution:** You cannot use the Dexcom receiver with the Omnipod 5 System because the Omnipod 5 System is compatible only with the Dexcom G6 or Dexcom G7 App on a smartphone.

# Taking Care of Your Controller and Pod Pod and Insulin Storage

Extreme heat or cold can damage Pods and cause them to malfunction.

It is especially important to store your insulin in a well-controlled environment. Inspect insulin before using it; never use insulin that looks cloudy or discoloured. Insulin that is cloudy or discoloured may be old, contaminated or inactive.

Check the insulin manufacturer's instructions for use and the insulin's expiry date.

### **Controller Storage and Care**

When you are not using your Controller, store it in a convenient, nearby location that is cool and dry.

### Long-term storage of your Controller

If you are not going to use your Controller for an extended period of time, allow your battery to reach approximately 50% to 60% charge. Then press and hold the Power button to turn the Controller OFF.

### **Controller Battery Care**

The provided Controller uses a rechargeable lithium polymer battery. The battery cannot be removed from your Controller. If there is a problem with your battery or charger, contact Customer Care.

# **During Air Travel**

Do not take the Omnipod 5 System through Advanced Imaging Technology (AIT) body scanners or x-ray baggage scanners when going through airport security checkpoints. The effects of this equipment have not been evaluated and could affect device reliability and accuracy. Remove your devices or request an alternate screening method, such as metal detector, handwand, or pat down. Request visual inspection of bags containing System components. If you remove your components, replace them as quickly as possible after the security checkpoint.

Before air travel, get a healthcare provider letter about the Omnipod 5 System's use and limits: www.omnipod.com/en-au/current-podders/travel

During air travel, you can operate your Omnipod 5 System in Airplane Mode, a device setting that turns off cellular and Wi-Fi network connectivity. Turning Airplane Mode ON does not affect your Bluetooth connectivity. The Pod will continue to communicate with your Controller and Sensor via Bluetooth. You can toggle Airplane Mode ON or OFF by tapping Menu button > Settings > General.

# Safe Use of the Controller Battery

To safely use the rechargeable battery:

- Store and charge the Controller in a cool, dry place out of direct sunlight to prolong battery life. Avoid leaving the Controller in a car where temperature extremes can permanently damage the battery.
- Your Controller may become warm after prolonged use or when exposed to high temperatures. If your Controller becomes hot to the touch, unplug the USB cable if it is plugged in and avoid touching or holding the Controller. Place it in a cool location and allow it to cool down to room temperature.
- Do not expose the charger to liquids, including water, rain or snow, as this can cause malfunction. If the battery or charger is exposed to liquid, allow it to dry.
- Do not place the Controller on or in heating devices, such as microwave ovens, stoves or radiators. The battery may explode if overheated.
- Do not drop the Controller.
- Only use an Insulet-approved charger to charge your Controller. Using unapproved chargers can cause the battery to explode or damage the Controller and may void the guarantee.



# **Device Complaints**

If, during the use of this device or as a result of its use, a serious incident has occurred, please report it to the manufacturer and/or its authorised representative and to your national authority.

Contact details for the manufacturer can be found on the back cover of this document. The contacts of national competent authorities (Vigilance Contact Points) and further information can be found on the following European Commission website: https://ec.europa.eu/health/md\_sector/contact\_en

If you have a problem with your System, contact Customer Care using the information on the provided Contact Card. You may be asked to share device data.

#### To share device data:

- 1. Ensure a working Wi-Fi connection.
- 2. Go to: Menu button ( ) > About.
- 3. Tap Send files to Customer Care.
- 4. Enter the PIN provided by Customer Care.

If you see an exclamation mark (!) icon, alert your Customer Care representative. Navigate to the Home Screen to clear the (!) icon. If the icon persists, restart your Controller.

If this occurs: Data upload is pending.



If this occurs: Data upload is full.





# Troubleshooting Hypoglycaemia (Low Glucose)

## Blood Glucose (BG) < 3.9 mmol/L (70 mg/dL) with Symptoms

SmartAdjust™ technology automatically decreases or pauses insulin delivery every 5 minutes when glucose is below the Target Glucose to protect against hypoglycaemia. It will always pause in Automated Mode when your glucose is below 3.3 mmol/L (60 mg/dL).

## Hypoglycaemia Symptoms

- Shakiness
- Weakness
- Tingling

- Fatigue
- Blurred vision
- Anxiety

- Hunger
- Headache
- Drowsiness

- Sweating
- Rapid heartbeat
- Dizziness

- Cold, clammy skin
- Confusion
- Personality change

# If you have symptoms of low glucose, check your blood glucose.

### If your glucose is less than 3.9 mmol/L (70 mg/dL):

- 1. Treat with 5–15 grams of a fast-acting carbohydrate. (Fast acting carbs: glucose tablets or gel, juice, regular soda (not diet), sugary candy (not chocolate), honey)
- 2. Recheck BG in 15 minutes.

# If glucose is less than 3.9 mmol/L (70 mg/dL) or symptoms persist, repeat above steps.

• If your glucose remains low after repeated treatments, notify your healthcare provider immediately and/or go to the nearest emergency department.

# Important Notes:

- Make sure your blood glucose is at least 5.6 mmol/L (100 mg/dL) before driving or working with dangerous machinery or equipment.
- Even if you cannot check your blood glucose, do not wait to treat symptoms of hypoglycaemia.
- If you have hypoglycaemia unawareness, check your blood glucose more frequently.
- If glucose was dropping while in Automated Mode, SmartAdjust™ technology may have decreased or paused insulin for some time already. In these cases, sometimes a smaller amount of carbohydrate can be used to prevent or treat mild hypoglycaemia.

### **Action Plan**

Never ignore the signs of low blood glucose, no matter how mild. If left untreated, severe hypoglycaemia may cause seizures or lead to unconsciousness. If loss of consciousness, inability to swallow glucose treatment or seizures are experienced or observed, take the following action immediately:

- Give glucagon as instructed by your healthcare provider
- Call emergency services
- Notify your healthcare provider
- Suspend insulin delivery

# Troubleshooting Frequent Hypoglycaemia

### **Check Settings**

- Are you in Automated Mode?
- Are you in Manual Mode?
- If in Manual Mode, is the correct Basal Programme in progress?
- If in Manual Mode, is the Temp Basal (if active) correct?
- Is Target Glucose correct?

Consult your healthcare provider for guidance about adjusting settings and their

suggestions for treating hypoglycaemia.



# Review Recent Activity Physical activity

- Has your exercise been unusually long or strenuous?
- Have you been unusually physically active? (e.g., extra walking, housework, heavy or repetitive tasks, lifting or carrying?)
- Did you use the Activity feature?
- Did you use a decreased Temp Basal during this activity?
- Did you consume carbs before, during and/or after activity?

# Meals/Snacks

- Did you count the carbs correctly — including subtracting significant fibre?
- Did you bolus with food?
- Did you consume alcohol?

# Troubleshooting Hyperglycaemia (High Glucose) Blood Glucose (BG) Reading ≥ 13.9 mmol/L (250 mg/dL)

## Hyperglycaemia Symptoms

- Fatigue Unusual thirst or hunger
- Blurred vision
   Unexplained weight loss
- Frequent urination (i.e. at night)
- Slow healing of cuts or sores

If you're experiencing symptoms of high glucose:

- 1. Verify and check your BG reading
- 2. If your BG reading is over 13.9 mmol/L (250 mg/dL), check your urine or blood ketone level and refer to the table below for next steps

If your ketone level is:	Trace or Negative	Small (urine) 0.6-0.9 mmol/L (blood)	Moderate to Large (urine) 1.0 or higher mmol/L (blood)
Insulin	Take a correction bolus with the Controller.	Take a correction bolus with a syringe or pen. Change your Pod.	Take a correction bolus with a syringe or pen. Change your Pod.
BG	Recheck in 2 hours. If BG has lowered, return to normal dosing schedule and monitor BG.	Recheck in 2 hours. If BG has lowered, return to normal dosing schedule and monitor BG.	Recheck in 2 hours. If BG has lowered, return to normal dosing schedule and monitor BG.
Ketones	Recheck ketones if your BG at the 2-hour BG check is unchanged or higher.	Recheck blood ketones in 1 hour or urine ketones in 2 hours.	Recheck blood ketones in 1 hour or urine ketones in 2 hours.
Food and Drink	Usual meal plan with extra water or sugar-free fluids.	Usual meal plan with extra water or sugar-free fluids.	Usual meal plan with extra water or sugar-free fluids.
Additional Steps		If BG and ketones remain high after 2 or more treatments with syringe or pen, contact your healthcare provider.	Contact your healthcare provider.

# **Troubleshooting Frequent Hyperglycaemia**

### **Check Settings**

- Are you in Automated Mode?
- Do you have the Activity feature enabled?
- Is your Target Glucose correct?
- In Manual Mode, is the correct Basal Programme in progress?
- Temp basal: Do you have a Temp Basal running that you should have turned off?

### **Check History Detail**

- Alarm history: Did you ignore or not hear alarms that should have been addressed?
- Last bolus: was the bolus too small?
  - Was the bolus timing correct?
  - Did you account for a high-protein or high-fat meal?

### **Action Plan**

There are several factors that can cause hyperglycaemia. Common causes include illness, stress, infection and missed insulin doses. Only rapid-acting insulin is used in your Pod, so you have no long-acting insulin in your body. If an occlusion or other interruption of insulin delivery occurs, your blood glucose may rise rapidly. Do not ignore the signs and symptoms of hyperglycaemia.

### **Check Pod**

# Check your cannula through the viewing window

- Did the cannula slip out from under your skin?
- Is there blood in the cannula?
- Is there redness, drainage or other signs of infection around the cannula?

If YES, change your Pod. If you suspect an infection, then call your healthcare provider.

### **Check Your Infusion Site**

- Is there redness or swelling around the Pod and adhesive?
- Is insulin leaking from your infusion site or is there an odour of insulin?

If YES, change your Pod. If you suspect an infection, then call your healthcare provider.

## Check Your Adhesive Dressing

- Is the adhesive dressing coming loose from your skin?
- Is the Pod becoming detached from the adhesive dressing?

If YES, and if cannula is still inserted properly, you may tape down the Pod or adhesive to prevent further detachment.

If cannula is no longer under your skin, change your Pod.

#### Check Your Insulin

- Has the insulin being used expired?
- Has the insulin being used been exposed to extreme temperatures?

If YES, change Pod using a new vial of insulin.

**Reminder:** If you are experiencing persistent nausea and/or vomiting or have diarrhoea for over two hours, contact your healthcare provider immediately.

**Warning:** ALWAYS promptly treat hyperglycaemia (high glucose) according to your healthcare provider's recommendations. Symptoms of hyperglycaemia include fatigue, thirst, excess urination or blurry vision. If left untreated, hyperglycaemia can lead to diabetic ketoacidosis (DKA) or death.

# **Sick Day Management**

### **Action Plan**

Discuss Sick Day Management with your healthcare provider. The below guidelines are recommendations and may differ from your own healthcare provider's guidelines.

### **Emergency situations**

- For BG of 13.9 mmol/L (250 mg/dL) or more see: Hyperglycaemia Action Plan.
- For BG of 3.9 mmol/L (70 mg/dL) or less (and/or symptoms) see: Hypoglycaemia Action Plan.

## Throughout an illness

If you have a cold, stomach virus, toothache or other minor illness:

- Check blood glucose more often (every 2–4 hours or at least 4 times a day).
- Check ketones any time BG is 13.9 mmol/L (250 mg/dL) or more.
- Use Temp Basal as directed by your healthcare provider.
- Stay hydrated.
- Monitor urine output.
- Keep a record of information (BG, ketone checks, fluids and time/amount of urine, vomiting, diarrhoea, temperature).

# Call your healthcare provider immediately if you have:

- Persistent nausea and/or if you are vomiting or have diarrhoea for over two hours
- Difficulty breathing.
- Unusual behaviour (such as confusion, slurred speech, double vision, inability to move, jerking movements).
- Persistent high BG and/or positive ketones after treating with extra insulin and drinking fluids.
- Persistent low BG that is not responsive to decreasing insulin and drinking carbohydratecontaining fluids.
- A fever above 38°C (100.5°F).
- Moderate to large urine ketones or ≥ 1.0 mmol/L blood ketones.

# Reminder

The symptoms of DKA (diabetic ketoacidosis) are much like those of the flu. Before assuming you have the flu, check your BG to rule out DKA. Consult your healthcare provider for further information.



# **Emergency Kit Should Include:**

- Several new, sealed Omnipod 5 Pods
- A vial of rapid-acting U-100 insulin
- Syringes or pens for injecting insulin
- Glucose tablets or another fast-acting source of carbohydrate
- Sensor and supplies
- Blood glucose meter and test strips
- Ketone test strips
- Lancing device and lancets
- Alcohol prep swabs
- Instructions from your healthcare provider about how much insulin to inject if delivery from the Pod is interrupted
- A signed letter from your healthcare provider explaining that you need to carry insulin supplies and the Omnipod 5 System
- Phone numbers for your healthcare provider and/or doctor in case of an emergency
- Glucagon kit and written instructions for administering a glucagon dosage if you are unconscious

Always follow Omnipod 5 System instructions. Failure to do so could result in under-delivery or over-delivery of insulin, which can lead to hypoglycaemia and hyperglycaemia.



# For More Information

Please refer to your Omnipod® 5 Automated Insulin Delivery System Technical User Guide



Visit us online at omnipod.com/guides



## **Australian Sponsor:**

Insulet Australia Pty. Ltd. Level 16 Tower 2 Darling Park 201 Sussex Street Sydney, NSW, 2000, Australia Contact: 1 800 954 075 / +61 272 084 353 https://www.omnipod.com/en-au/about-insulet



# **Insulet Corporation**

100 Nagog Park Acton, MA 01720, USA

1-800-591-3455 | 1-978-600-7850

Medical Disclaimer: This handout is for information only and is not a substitute for medical advice and/or services from a healthcare provider. This handout may not be relied upon in any way in connection with your personal healthcare-related decisions and treatment. All such decisions and treatment should be discussed with a healthcare provider who is familiar with vour individual needs.

© 2024 Insulet Corporation. Insulet, Omnipod, the Omnipod logo and SmartAdjust are trademarks or registered trademarks of Insulet Corporation. All rights reserved. The Bluetooth word mark and logos are registered trademarks owned by Bluetooth SIG, Inc. and any use of such marks by Insulet Corporation is under licence. Dexcom, Dexcom G6, and Dexcom G7 are registered trademarks of Dexcom, Inc. and used with permission. All other trademarks are the property of their respective owners. The use of third-party trademarks does not constitute an endorsement or imply a relationship or other affiliation.

Patent information at www.insulet.com/patents.

Controller Model: PDM-M001-G-MM PT-002235-AW Rev 01 10/24

