

What I need to know before starting Omnipod® 5

Before you start using Omnipod 5, you will meet with a trainer to make sure you understand how to use your System. Visit [Omnipod.com/setup](https://www.omnipod.com/setup) to create your account. If you have questions, contact Customer Care at **1-800-591-3455**.

What are multiple daily injections (MDI)?

Insulin is commonly delivered using syringes or pre-filled pens.

Long-acting (basal) insulin

taken 1–2 times a day to keep glucose stable

Rapid-acting (bolus) insulin

taken with meals and to lower glucose

What is an insulin pump/Pod?

- insulin is delivered continuously in small amounts each hour through a thin plastic tube (called a cannula) placed under the skin
- uses rapid-acting insulin only
 - helps to keep glucose stable between meals and overnight, replacing long-acting insulin injections
 - allows you to take bolus doses for meals and to lower high glucose, replacing rapid-acting injections
- insulin amount is determined by your doctor and programmed into the pump
- some come with external tubing while Omnipod systems have a tubeless Pod

What are Continuous Glucose Monitoring (CGM) Sensors?

CGM Sensors can track your glucose throughout the day and night without the need for regular fingersticks. A tiny Sensor is inserted under the skin to measure glucose values. A trend arrow tells you if your glucose is steady, rising too high, or dropping too low. You can see your glucose value and trend on a display device, like a smartphone or other touchscreen device. Some insulin pumps can also display a reading from the Sensor.

What is the Omnipod 5 Automated Insulin Delivery (AID) System?

The Omnipod 5 is different than traditional insulin pumps because the Omnipod 5 Pod talks with a Sensor and reacts to the value and trend.

The Pod

- takes in information about your glucose from a connected compatible Sensor
- it uses smart software to automatically adjust insulin delivery based on your current and predicted glucose values
- it adjusts delivery as often as every 5 minutes to help your glucose stay in range¹

The Controller or compatible smartphone app

- lets you interact with the System to start new Pods
- displays information from the Pod like remaining insulin, glucose value from the Sensor, and how it's working
- lets you deliver a bolus dose for all your meals and snacks or to lower high glucose

The Sensor

- measures glucose and sends the information to the Pod



1. Pasquel FJ, et al. Presented at: ADA; June 21-24, 2024; Orlando, FL. Prospective pivotal trial in 305 participants with T2D aged 18-75 yrs. Study included a 14-day standard therapy (ST) phase followed by a 13-week Omnipod 5 hybrid closed-loop phase. Mean time in range (70-180 mg/dL): ST vs. 13-week Omnipod 5: 45% vs. 66%, P<0.001.

The Omnipod 5 Automated Insulin Delivery System is a single hormone insulin delivery system intended to deliver U-100 insulin subcutaneously for the management of type 1 diabetes mellitus in persons 2 years of age and older and type 2 diabetes mellitus in persons 18 years of age and older. The Omnipod 5 System is intended for single patient use. The Omnipod 5 System is indicated for use with NovoLog®, Humalog®, and Admelog®. Refer to the Omnipod 5 Automated Insulin Delivery System User Guide and www.omnipod.com/safety for complete safety information including indications, contraindications, warnings, cautions, and instructions. Warning: DO NOT start to use the Omnipod 5 System or change settings without adequate training and guidance from a healthcare provider. Initiating and adjusting settings incorrectly can result in over-delivery or under-delivery of insulin, which could lead to hypoglycemia or hyperglycemia. ©2024 Insulet Corporation. Omnipod, the Omnipod logo, the Omnipod 5 logo, Simplify Life and SmartAdjust are trademarks or registered trademarks of Insulet Corporation in the United States of America and other various jurisdictions. All rights reserved. All other trademarks are the property of their respective owners. The use of third party trademarks does not constitute an endorsement or imply a relationship or other affiliation. INS-OHS-08-2024-00115 v1.0